



**REGIONAL PROVIDER GUIDE**  
*Northeast Region*

**Massachusetts Behavioral Health Partnership**

222 Rosewood Drive

Suite 1110

Danvers, MA 01923

(978) 716-3350

(800) 495-0086

Fax: (855) 294-0149

[www.masspartnership.com](http://www.masspartnership.com)

Updated: 12/31/2017

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Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

## INTRODUCTION

Our regional team is pleased to provide you with the Provider Reference Guide. It contains an overview of the wide range of mental health and substance use disorder treatment programs that make up MBHP's provider network in our region. It also includes a listing of specific providers for each service type and phone numbers of our network providers. We hope you find this regional guide helpful and easy to use.

Please feel free to call our regional office with any questions or concerns that you might have. We can answer questions about different types of care that are available. Our goal is to provide high levels of customer service, both to the Members and to the providers we serve.

This site also allows you to access the guides for other regions across the state if you need them. The web site features a provider search function which can further assist you in locating providers, including those with particular specialties. The regional guides are updated minimally every six months; therefore, they may not reflect all recent changes in the provider network. For the most immediate questions and updates, please contact your regional representative (see list below).

### MBHP REGIONAL OFFICES

TITLE	NAME	PHONE NUMBER
Regional Director	Eric Adelman, LICSW	(978) 716-3354
Regional Network Manager	Paul Acford, LICSW	(978) 716-3374
Regional Network Manager	Janelle Haynes, LMHC, LADC1	(978) 716-3373
Regional Network Manager	Carlos Colon, LICSW	(978) 716-3390
Youth Regional Network Manager	Kate Trasher, LICSW	(978) 716-3376
Regional Care Management Program Supervisor	Michelle Silkes, LICSW	(978) 716-3377
Primary Care Clinician Support Manager	Jacquelin Chalas	(978) 716-3375
Administrative Assistant	Tacha Mencia	(978) 716-3372

### LIST OF CITIES/TOWNS IN THE NORTHEAST REGION

Amesbury, Andover, Beverly, Billerica, Boxford, Chelmsford, Danvers, Dracut, Dunstable, Essex, Everett, Georgetown, Gloucester, Groveland, Hamilton, Haverhill, Ipswich, Lawrence, Lowell, Lynn, Lynnfield, Malden, Manchester, Marblehead, Medford, Melrose, Merrimac, Methuen, Middleton, Nahant, Newbury, Newburyport, North Andover, North Reading, Peabody, Reading, Rockport, Rowley, Salem, Salisbury, Saugus, Stoneham, Swampscott, Tewksbury, Topsfield, Tyngsborough, Wakefield, Wenham, West Newbury, and Westford

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## **EMERGENCY SERVICE PROGRAM (ESP)**

The Massachusetts Behavioral Health Partnership (MBHP) coordinates with Emergency Service Programs (ESPs) across the Commonwealth. These programs are located within the four DMH Areas across the state.

The Emergency Services Program (ESP) provides crisis assessment, intervention, and stabilization services 24-hours per day, seven days per week, and 365 days per year (24/7/365) to individuals of all ages who are experiencing a behavioral health crisis. The purpose of the ESP is to respond rapidly, assess effectively, and deliver a course of treatment intended to promote recovery, ensure safety, and stabilize the crisis in a manner that allows an individual to receive medically necessary services in the community, or if medically necessary, in an inpatient or 24-hour diversionary level of care. In all encounters with an individual in crisis, the ESP will provide a core service including crisis assessment, intervention, and stabilization. In doing so, the ESP will conduct a crisis behavioral health assessment and offer short-term crisis counseling that includes active listening and support. The ESP provides solution-focused and strengths-oriented crisis intervention aimed at working with the individual and his/her family and/or other natural supports to understand the current crisis, identify solutions, and access resources and services for comfort, support, assistance, and treatment. The ESP arranges the behavioral health services that the individual selects to further treat his/her behavioral health condition based on the assessment completed and the individual's demonstrated medical need. The ESP coordinates with other involved service providers and/or newly referred providers to share information (with appropriate consent) and make recommendations for the treatment plan. The ESP also provides the individual and his/her family with resources and referrals for additional services and supports, such as recovery-oriented and consumer-operated resources in their community. While it is expected that all ESP encounters minimally include the three basic components of crisis assessment, intervention, and stabilization, crisis services require flexibility in the focus and duration of the initial intervention, the individual's participation in the treatment, and the number and type of follow-up services.

**Access to Service: Any individual or agency (i.e., MBHP Member, provider, state agency, etc.) may contact or may refer someone to an ESP (Emergency Service Program) for evaluation.**

## **MOBILE CRISIS INTERVENTION (MCI)**

Mobile Crisis Intervention is the youth-serving (under the age of 21) component of an Emergency Service Program (ESP) provider. Mobile Crisis Intervention will provide a short-term service that is a mobile, onsite, face-to-face therapeutic response to a youth experiencing a behavioral health crisis for the purpose of identifying, assessing, treating, and stabilizing the situation and reducing immediate risk of danger to the youth or others consistent with the youth's risk management/safety plan, if any. This service is provided 24-hours a day, 7 days a week.

The service includes: a crisis assessment; development of a risk management/safety plan, if the youth/family does not already have one; up to 72 hours of crisis intervention and stabilization services including: onsite, face-to-face, therapeutic response, psychiatric consultation, and urgent psychopharmacology intervention, as needed; and referrals and linkages to all medically necessary behavioral health services and supports, including access to appropriate services along the behavioral health continuum of care.

For youth who are receiving Intensive Care Coordination (ICC), Mobile Crisis Intervention staff will coordinate with the youth's ICC care coordinator throughout the delivery of the service. Mobile Crisis Intervention also will coordinate with the youth's primary care physician, any other care management program, or other behavioral health providers providing services to the youth throughout the delivery of the service.

**Access to Service: Any individual or agency (i.e., MBHP Member, provider, state agency, school, etc.) may contact or may refer someone to an ESP (Emergency Service Program) for evaluation.**

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## **COMMUNITY CRISIS STABILIZATION PROGRAM (CCS)**

The adult **Community Crisis Stabilization program (CCS)** provides staff-secure, safe, and structured crisis stabilization and treatment services in a community-based program that serves as a medically necessary, less restrictive and voluntary alternative to inpatient psychiatric hospitalization. This program serves adults ages 18 and older, including youth ages 18-21 under the Children's Behavioral Health Initiative (CBHI). Adult CCS provides a distinct level of care where primary objectives of the active multi-disciplinary treatment include restoration of functioning; strengthening the resources and capacities of the individual, family, and other natural supports; timely return to a natural setting and/or least restrictive setting in the community; development/strengthening of an individualized risk management/safety plan; and linkage to ongoing, medically necessary treatment and support services. Adult CCS staff provides continuous observation of, and support to, individuals with mental health or co-occurring mental health/substance use conditions who might otherwise require treatment in an inpatient psychiatric setting and would benefit from short-term and structured crisis stabilization services. Services at this level of care include crisis stabilization; initial and continuing bio-psychosocial assessment; care management; psychiatric evaluation and medication management; peer-to-peer support; and mobilization of natural supports and community resources. CCS services are short-term, providing 23-hour observation and supervision, and continual re-evaluation.

This program is required to have a home-like, consumer-friendly, and comfortable environment that is conducive to recovery. CCS staff provides psycho-education, including information about recovery, rehabilitation, crisis self-management, and how to access recovery and rehabilitation services available in the individual's specific community. Guided by the treatment preferences of the individual, CCS staff actively involves family and other natural supports at a frequency based on individual needs. Treatment is carefully coordinated with existing and/or newly established treatment providers. In the case of young adults who are involved with, or who are referred for, CBHI services – including ICC – CCS staff will accommodate and participate in team meetings.

Note that the primary differences between CCS and inpatient level of care is the acuity of the consumer, the unlocked setting, the level of psychiatry services, and an absence of immediate need for hospital-based diagnostic tests or general medical treatment. Admissions to the CCS occur 24/7/365 based on determinations made by mobile and site-based Emergency Services Program (ESP) staff. Discharges from the CCS occur 24/7/365, and discharge processes include efficiencies that maximize service capacity. Readiness for discharge is minimally evaluated on a daily basis, and the length of stay is expected to be very brief.

### **Access to Service: ESP (Emergency Service Program) evaluation required**

**Note: A statewide, toll-free number is now available for the purpose of obtaining the phone number of the local ESP/MCI for a given city or town.** Individuals may call **1-877-382-1609** and enter his/her zip code. A recorded message will play with the phone number of his/her local ESP/MCI provider. If a caller does not know his/her zip code, he/she will still be given the number of an ESP/MCI provider to call. This line provides information in both English and Spanish.

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# NORTHEASTERN MASSACHUSETTS

**Area: North Essex**

**24-hour access number: (866) 523-1216**

ESP Provider: Lahey/Northeast Behavioral Health

**ESP Director:** Andrea Hall (978) 744-1585 [Mary.A.Hall@Lahey.org](mailto:Mary.A.Hall@Lahey.org)

**Assistant ESP Director:** Haskell Brooks (978) 521-7777 [E.H.brooks@Lahey.org](mailto:E.H.brooks@Lahey.org)

**Mobile Crisis Intervention Manager:** Ellen Jarmusik (978) 744-1585 [Ellen.M.Jarmusik@Lahey.org](mailto:Ellen.M.Jarmusik@Lahey.org)

Service Locations	Operating Hours	Cities/Towns in Area
<p><b>Lahey/NBH Community-Based Location</b> 62 Brown Street, Suite 305 Haverhill, MA 01830 (800) 281-3223 (978) 521-7777 Fax: (978) 521-7767</p>	<p><b>8 a.m. – 8 p.m. M-Th</b> <b>8 a.m. – 5 p.m. Fri</b></p>	<p>Amesbury, Beverly, Boxford, Danvers, Essex, Georgetown, Gloucester, Groveland, Hamilton, Haverhill, Ipswich, Manchester by the Sea, Marblehead, Merrimac, Middleton, Newbury, Newburyport, Peabody, Rockport, Rowley, Salem, Salisbury, Topsfield, Wenham, and West Newbury</p>
<p><b>Lahey/NBH Community-Based Location</b> 35 Congress Street, Suite 2150 Salem, MA 01970 (866) 523-1216 (978) 744-1585 Fax: (978) 744-1379</p>	<p><b>24/7</b></p>	
<p><b>Lahey/NBH/Salem Hospital - North Shore Medical Center</b> 81 Highland Avenue Salem, MA 01970 (866) 523-1216 (978) 354-4550 Fax: (978) 745-9021</p>	<p><b>24/7</b></p>	
<p><b>Lahey/NBH Community Crisis Stabilization program</b> 35 Congress Street, Suite 2150 Salem, MA 01970 (866) 523-1216 (978) 744-1585 Fax: (978) 744-1379</p>	<p><b>24/7</b></p>	

**Area: Lawrence**

**24-hour access number: (877) 255-1261**

ESP Provider: Lahey/Northeast Behavioral Health

**ESP Director:** Tom Draper (978) 620-1250 [Thomas.T.Draper@lahey.org](mailto:Thomas.T.Draper@lahey.org)

**Mobile Crisis Intervention Manager:** TBD

Service Locations	Operating Hours	Cities/Towns in Area
<p><b>Lahey/NBH Community-Based Location</b> 12 Methuen St., 2<sup>nd</sup> floor Lawrence, MA 01841 (877) 255-1261 (978)-620-1250 Fax: (978) 682-9333</p>	<p><b>8 a.m. - 12 a.m.</b> <b>7 days/week</b></p>	<p>Andover, Lawrence, Methuen, and North Andover</p>

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<b>Lahey/NBH Community Crisis Stabilization Program</b> 12 Methuen St., 2 <sup>nd</sup> floor Lawrence, MA 01841 (877) 255-1261 (978) 620-1250 Fax: (978) 682-9333			<b>24/7</b>
<b>Area: Lowell 24-hour access number: (800) 830-5177</b>			
ESP Provider: Lahey/Northeast Behavioral Health			
ESP Director: Kate Bergeron (978) 455-3397 <a href="mailto:Kathryn.Bergeron@lahey.org">Kathryn.Bergeron@lahey.org</a> Mobile Crisis Intervention Manager: TBD			
<b>Service Locations</b>	<b>Operating Hours</b>	<b>Cities/Towns in Area</b>	
<b>Lahey/NBH Community-Based Location</b> 391 Varnum Ave Lowell, MA 01854 (800) 830-5177 (978) 455-3397 Fax (978) 459-9096	<b>8 a.m. - 8 p.m.</b> <b>7 days/week</b>	Billerica, Chelmsford, Dracut, Dunstable, Lowell, Tewksbury, Tyngsboro, and Westford	
<b>Lahey/NBH Community Crisis Stabilization Program</b> 391 Varnum Ave Lowell, MA 01854 (800) 830-5177 (978) 455-3397 Fax (978) 459-9096	<b>24/7</b>		
<b>Area: Tri-City 24-hour access number: (800) 988-1111</b>			
ESP Provider: Eliot Community Services			
ESP Director: Zachary Thompson (781) 581-4422 <a href="mailto:zthompson@eliotchs.org">zthompson@eliotchs.org</a> Mobile Crisis Intervention Manager: Donna Kausek (781) 581-4493 <a href="mailto:dkausek@eliotchs.org">dkausek@eliotchs.org</a>			
<b>Service Locations</b>	<b>Operating Hours</b>	<b>Cities/Towns in Area</b>	
<b>Eliot Community-Based Location</b> 95 Pleasant Street Lynn, MA 01901 (800) 988-1111 (781) 596-9222 Fax: (781) 581-9876	<b>8 a.m. - 8 p.m. weekdays</b> <b>9 a.m. - 6 p.m. weekends</b>	Everett, Lynn, Lynnfield, Malden, Medford, Melrose, Nahant, North Reading, Reading, Saugus, Stoneham, Swampscott, and Wakefield	
<b>Eliot Community-Based Location</b> 173 Chelsea Street Everett, MA 02149 (800) 988-1111 (781) 388-6220 Fax: (781) 581-9876	<b>8 a.m. - 8 p.m. weekdays</b>		
<b>Eliot Community Crisis Stabilization Program</b> 95 Pleasant Street Lynn, MA 01901 (800) 988-1111 (781) 596-9222 Fax: (781) 581-9876	<b>24/7</b>		

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Every ESP provides behavioral health crisis assessment, intervention and stabilization services, 24 hours per day/7 days per week/365 days per year, through 4 service components: Mobile Crisis Intervention (MCI) services for youth, adult mobile services, ESP community based locations, and community crisis stabilization (CCS) services for ages 18 and over. The operating hours for the ESP community based locations and CCS programs are noted above. The operating hours for Mobile Crisis Intervention services for youth are 24 hours per day/7 days per week at any and all locations. The operating hours for adult mobile services are 24 hours per day/7 days per week: during this time period, mobile services will be available from 7 a.m. to 8 p.m. at any/all locations, and from 8 p.m. to 7 a.m. this service will be available in residential programs and hospital emergency departments.

All ESP service components and locations may be accessed through the ESP's toll-free number. Where applicable, local numbers for specific locations have also been provided above. It is recommended that individuals and families call the ESP's toll-free number first, so the ESP can help them access the most appropriate services. Please refer to [www.masspartnership.com](http://www.masspartnership.com) and click on "ESP" on the left side of the homepage for more information including updates to this directory.

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## URGENT OUTPATIENT SERVICES (UOS)

Urgent Outpatient Services (UOS) are for Members of all ages who are **NOT** experiencing a mental health or substance use emergency, but they feel they need an appointment sooner than waiting for a routine outpatient appointment. UOS appointments are provided within one business day and include an assessment and intervention geared toward decreasing and/or managing urgent concerns and immediate symptoms. Members using UOS will also be provided with referrals to any needed services including outpatient services, community supports, etc.

**Access to Service:** Direct referral - does not need to be evaluated by an ESP (Emergency Service Provider)

FACILITY	CITY/TOWN	PHONE #	CONTACT PERSON	AGES
Eliot	Everett	(781) 388-6225	Elana Gacs	All Ages
	Lynn	(781) 581-4400	Kathy Lazarus	Ages 5+
Family Continuity Program	Peabody	(978) 927-9410		All Ages

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## OUTPATIENT MENTAL HEALTH AND SUBSTANCE USE DISORDER SERVICES

Outpatient Mental Health and Substance Use Disorder Services are those behavioral health services that are rendered in an ambulatory care setting such as an office, clinic environment, Member's home, or other locations appropriate to the provision of services for psychotherapy or counseling. Services focus on the restoration, enhancement and/or maintenance of a Member's level of functioning and the alleviation of symptoms that significantly interfere with functioning in at least one area of the Member's life (e.g., familial, social, occupational, educational). The goals, frequency, and length of treatment will vary according to the needs of the Member and the response to treatment. A clear treatment focus, measurable outcomes, and a discharge plan (including the identification of realistic discharge criteria) will be developed as part of the initial assessment and treatment-planning process and will be evaluated and revised as necessary.

[Note: Please refer to the MBHP Monthly Outpatient Access Report for this region for more information regarding service types, including cultural/linguistic capacity and available groups.]

**Access to Service:** Direct referral - does not need to be evaluated by ESP (Emergency Service Provider)

### Outpatient Facilities and Group Practices

FACILITY	CITY/TOWN	PHONE #	SERVICE TYPE	AGES
ACA Family Counseling Services	Lawrence	(978) 989-9902	Licensed Clinic Mental Health	All Ages
Amesbury Psychological Center	Amesbury	(978) 388-5700	Licensed Clinic Mental Health Substance Use Disorder	
Arbour Counseling	Lawrence Haverhill Lowell Medford	(978) 686-8202 (978) 373-7010 (978) 453-5736 (781) 393-4828	Licensed Clinic Mental Health School-based Home-based Transition Visit	All Ages
Bayridge	Lynn	(781) 599-9200	Licensed Clinic Mental Health Substance Use Disorder	
Bridgewell Counseling	Lowell Lynn Danvers Chelmsford	(978) 459-0389 (781) 593-3427 (978) 750-6828 (978) 256-1444	Licensed Clinic Mental Health	
Cambridge Health Alliance (CHA) Everett Hospital	Everett	(617) 591-6033	Licensed Clinic Mental Health	All Ages
Catholic Charities	Danvers	(978) 774-6820	Licensed Clinic Mental Health Home-based School-based Substance Use Disorder	
Center for Family Development	Lowell	(978) 459-2306	Licensed Clinic Mental Health	All Ages
Children's Friend and Family Services (JRI)	Salem Lynn Gloucester Lawrence	(978) 744-7905 (781) 593-7676 (978) 823-7198 (978) 682-7289	Licensed Clinic Mental Health School-based Home-based	

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<b>FACILITY</b>	<b>CITY/TOWN</b>	<b>PHONE #</b>	<b>SERVICE TYPE</b>	<b>AGES</b>
Column Health, LLC	Lawrence	(913) 706-8635	Licensed Clinic Mental Health Substance Use Disorder	
DCS Mental Health	Medford	(781) 396-1199	Licensed Clinic Mental Health	
Eliot Community Human Services	Lynn	(781) 581-4400	Licensed Clinic Mental Health Substance Use Disorder	
	Everett	(781) 388-6200	Licensed Clinic Mental Health Substance Use Disorder Urgent Outpatient	
	Danvers	(978) 619-6850	Licensed Clinic Outpatient Mental Health	
Family Continuity Program	Peabody Lawrence	(978) 927-9410 (978) 620-2507	Licensed Clinic Urgent Outpatient Mental Health School-based Home-based	All Ages
Family Services of The Merrimack Valley, Inc.	Lawrence	(978) 683-9505	Licensed Clinic Mental Health	
Greater Lawrence Family Health Center, Inc.	Lawrence	(978) 686-0090, Ext. 6308	Licensed Clinic Outpatient Mental Health	
Greater Malden Behavioral Health Inc.	Malden	(781) 480-3946	Mental Health	All Ages
Holy Family Hospital of Merrimack Valley	Haverhill	(978) 420-1156	Licensed Clinic Outpatient Mental Health	All Ages
Institute for Health And Recovery	Lowell	(617) 661-3991 Ext. 112	Licensed Clinic Mental Health Substance Use Disorder	All Ages
Lahey/Northeast Behavioral Health	Beverly Gloucester Lawrence Salem Peabody	(978) 921-1190 (978) 283-0296 (978) 683-3128 (978) 745-2440 (978) 538-4840	Licensed Clinic Mental Health School-based Home-based Substance Use Disorder	
Lowell Community Health Center	Lowell	(978) 937-9700	Licensed Clinic Mental Health School-based Substance Use Disorder	All Ages
Lowell House	Lowell	(978) 459-8656	Licensed Clinic Mental Health Substance Use Disorder	13+

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<b>FACILITY</b>	<b>CITY/TOWN</b>	<b>PHONE #</b>	<b>SERVICE TYPE</b>	<b>AGES</b>
Lynn Community Health Center	Lynn	(781) 477-7222 (781) 691-7159 (781) 596-2502, Ext. 932 (781) 596-2502, Ext. 969	Licensed Clinic Mental Health School-Based	
Lynnfield Psychological Associates	Lynnfield	(781) 334-2644	Group Practice Mental Health	All Ages
Marblehead Counseling Center	Marblehead	(781) 632-8273	Group Practice Mental Health	All Ages
Mental Health Association of Greater Lowell (Community and Family Counseling Center)	Lowell	(978) 458-6282	Licensed Clinic Mental Health	
Merrimack Valley Trauma Services	North Chelmsford	(978) 362-1695	Group Practice Mental Health	
Millyard Health Collaborative	Amesbury	(978) 388-3343	Licensed Clinic Mental Health	
MSPCC	Lawrence	(978) 682-9222	Licensed Clinic Mental Health School-based Home-based	
NFI Massachusetts, Inc.	Haverhill	(978) 491-1350	Licensed Clinic Mental Health Substance Use Disorder	All Ages
North Shore Clinicians Group	Peabody	(978) 535-1606	Group Practice Mental Health	All Ages
North Shore Community Health, Inc	Salem, Peabody	(978) 744-8388	Licensed Clinic Mental Health	All Ages
North Shore Counseling Center	Beverly	(978) 922-2280	Licensed Clinic Mental Health	
North Shore Medical Center-Highland Avenue	Salem	(978) 354-4010	Licensed Clinic Mental Health Urgent Outpatient	All Ages
North Shore Medical Center-Children's Hospital	Salem	(978) 741-1215, Ext. 2700	Licensed Clinic Mental Health	
Priority Professional Care, Inc.	Lawrence	(978) 655-7782	Group Practice Mental Health	All Ages
Project Cope	Lynn	(781) 581-9270	Licensed Clinic Substance Use Disorder Home-based	
Psychiatric Associates of Lynn	Lynn	(781) 268-2200	Licensed Clinic Mental Health	
Psychotherapy Associates of North Reading and Amesbury	North Reading, Amesbury	(978) 664-2566	Licensed Clinic Mental Health	All Ages
Pyramid Builders Counseling Services, Inc.	Lynn	(781) 780-3566	Licensed Clinic Mental Health	

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FACILITY	CITY/TOWN	PHONE #	SERVICE TYPE	AGES
Riverside Community Care	Lynnfield	(781) 246-2010	Licensed Clinic Mental Health School-based Substance Use Disorder	
St. Ann's Home	Methuen	(978) 682-5276	Licensed Clinic Mental Health	Ages 5+
Solutions for Living	Stoneham	(781) 306-1180	Group Practice Mental Health	All Ages
South Bay Mental Health	Lowell, Salem, Lawrence, Lynn, Malden	1-800-244-4691	Licensed Clinic Mental Health Urgent Outpatient at Lowell, Lynn, and Lawrence	All Ages
Stoney Brook Counseling Center	Chelmsford	(978) 275-9444	Licensed Clinic Mental Health	All Ages
Trauma and Family Integration LLC	Lowell	(978) 677-7823	Licensed Clinic Mental Health	
Whittier Pavilion	Haverhill	(978) 556-6230	Group Practice Mental Health	18+
VinFen (People Care Clinic)	Lawrence	(978) 655-7782	Licensed Clinic Mental Health	

**Psychiatrists**

PSYCHIATRISTS	PRACTICE	CITY/TOWN	PHONE #
Akabane, Yoshiharu		Lynn	(781) 593-6451
Angel, Irina	Pediatric Associates of Greater Salem	Beverly, Salem	(978) 745-3050
Bied, Adam	HKD Treatment Options, PC	Salem	(978) 744-2999
Binder, David		Stoneham	(781) 438-5550
Bond, Thomas		Malden	(781) 397-6789
Datta, Gouri	Center for Psychiatric Medicine, PC	Haverhill Lawrence	(978) 521-1038 (978) 685-8800
Dalby, Clive		Methuen	(978) 685-0400
Faust, Alejandra H.	Commonwealth Pediatrics	Stoneham	(781) 561-9261
Friedlich, Avi L.	New Horizons Medical, PC	Lynn	(781) 584-4645
Graham, Donna	Children's Medical Office	North Andover	(978) 975-3355
Hanson, Charles		North Chelmsford Haverhill	(978) 256-6579 (978) 521-1038
Khajavi, Farrokh		Stoneham	(781) 662-6213
Kozitza, Katherine	Psychiatric Partners of Essex	Danvers	(781) 599-7090
LaVarnway, Michael F.	Center for Psychiatric Medicine, PC	Lawrence	(978) 685-8800
Lipin, Alexander		Beverly Amesbury	(978) 921-1293 (978) 463-1066
Mayer, Pierre		Lawrence	(978) 685-8800
McLaughlin, Thomas	Center for Psychiatric Medicine, PC	Lawrence	(978) 685-8800
Menitoff, Paul		Chelmsford	(978) 256-6579
Nguyen, Tuong		Malden	(781) 322-2002
Psychiatric Group of the North Shore		Lynn	(781) 595-3003

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<b>PSYCHIATRISTS</b>	<b>PRACTICE</b>	<b>CITY/TOWN</b>	<b>PHONE #</b>
Psychiatric Associates of Lynn		Lynn	(781) 268-2200
Reimherr, J. Phillip	Psychiatric Associates of Lynn, PC	Lynn	(781) 268-2200
Sampson, Robert	HKD Outreach, PC	Lowell	(978) 710-9877
Smita, Srivastava		Stoneham	(781) 646-0500, Ext 262
Stone, Laura	Commonwealth Pediatrics	Stoneham	(781) 561-9261
Talbot, Ralph		Everett	(617) 381-0555
Tsappis, Michael W.	Pediatric Health Care Associates	Peabody	(978) 535-1110
Van Wittenberg, Robert		Marblehead	(781) 595-3003
Zolotnitskiy, Leonid	Center for Psychiatric Medicine	Lawrence	(978) 972-0254

### Psychologists

<b>PSYCHOLOGISTS</b>	<b>PRACTICE</b>	<b>CITY/TOWN</b>	<b>PHONE #</b>
Alfred, Mary Carroll		Haverhill	(978) 373-8090
Baures, Mary		Beverly	(978) 927-4901
Beilin, George	The Beverly Center, PC	Beverly	(978) 922-6613
Bevis, Judith		Marblehead	(781) 599-6882
Blatt-Eisengart, Ilana		Salem	(781) 608-0301
Boy, Stephen, F.		Haverhill	(978) 373-8090
Bronson, Amanda	Children's Medical Office	North Andover	(978) 975-3355
Brown, David	Peter E. Masucci, MD, PC	Medford	(781) 396-1288
Burke, John Jr.		Salem	(781) 820-3848
Chiappa, Tai	Children's Medical Office	North Andover	(978) 975-3355
Cohen, Martin		Medford	(781) 393-8889
Cross, Robert		Lynn	(617) 362-3139
Cuetara, John		Medford	(781) 488-3294
Dhimitri, Patricio		Lawrence	(978) 687-6488
Doolin, Seth		Salem	(857) 205-3156
Faust, Alejandra	Commonwealth Pediatrics	Stoneham	(781) 561-9261
Frankhouser, Joann	Millyard Health Collaborative	Amesbury	(978) 388-3343
Goldfinch, James		Lawrence	(978) 691-5561
Henry, Kelley	Beacon ABA Services, Inc.	North Andover	(508) 478-0207
Hernandez, Amado		Lynn, Lawrence	(781) 592-6100
Hosking, Karen		Salem	(978) 741-3461
Howard, Scott	(Psych. Testing ONLY)	Newburyport	(978) 465-2999
Jenkins, Donna		Groveland	(781) 224-9884
Kairys, Howard		Salem	(978) 741-7890
Kassissieh, Nicole		Salem	(978) 922-2280
Levy, Michael Scott		Andover	(978) 808-4204
Litman, Peter		Amesbury	(978) 388-0799
Luff, Laura	Pediatric Associates of Medford	Medford	(781) 396-1288
Machell, Stephanie		Saugus	(617) 776-4001
Marino Margaret		Salem	(617) 437-1599
Marks, Donna	Rosmark Psychological Services	Beverly	(978) 646-8830
Martin, Lise		Salem	(978) 741-7890, Ext. 3
Mendelsohn, Michael		Salem	(617) 566-3980
McCormick, Paul		Stoneham Beverly	(781) 438-5550 (781) 438-5550

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

PSYCHOLOGISTS	PRACTICE	CITY/TOWN	PHONE #
McHugh, Courtney		Salem	(781) 584-6385
Milgroom, Ann		Andover	(978) 475-6622
Morin, Gregory		North Reading	(978) 664-4112
Morocco, Daniel		Andover	(978) 247-6006
Mukherjee, Subhash	Center for Psychiatric Medicine, PC	Lawrence	(978) 685-8800
Nealer, Jan		Newburyport	(978) 462-1888
Page, Robert		Lynn	(781) 592-6100
Perry, Jonathan		Salem	(978) 835-3740
Posner, Laurence		Salem	(978) 741-0883
Quissett-Hancox, Stephanie		Amesbury	(978) 388-5875
Rudman, Susan		Salem	(978) 741-7897
Sampson, Robert	HKD Outreach, PC	Lowell	(978) 710-9877
Sandler, Paul		Billerica	(978) 663-7077
Schumer, Jeffrey		Melrose	(781) 979-3755
Shannon, Eva		Gloucester	(508) 269-5100
Shimer, John		Newburyport	(978) 465-3226
Shine, Nora		Reading	(781) 245-0326
Silva, Kathleen		Medford	(781) 395-0304
Stubenhaus, Eric		Andover	(978) 475-6622, Ext. 2
Ternullo, Mark	Psychotherapy Associates of North Reading	North Reading	(978) 664-2566
Tittler, Bennett I.		Swampscott	(781) 596-2000
Wattenberg, Melissa		Melrose	(617) 248-1089
Whipple, Donna	Psychological Associates of North Reading	North Reading	(978) 664-2566
Wykoff, Whitney		Lynnfield North Andover	(781) 334-4005 (978) 686-2900
Zabel, Danielle		Danvers	(978) 777-7188, Ext. 6
Zeren, Andrea		Salem	(978) 744-2405

\*Specialty: Deaf/HOH

### Registered Nurse Clinical Specialists

REGISTERED NURSE CLINICAL SPECIALISTS	PRACTICE	CITY/TOWN	PHONE #
Ackroyd, Daniel		Methuen	(617) 318-8557
Anscombe, Jean		Gloucester	(978) 559-0001
Bacheller, Cheryl		Beverly	(978) 338-5615
Baisden, Nicole	Psychiatric Associates of Lynn, PC	Lynn	(781) 268-2200
Berkowitch, Gretchen		Beverly	(978) 969-1623
Brown, Lisa A.	Lowell General Hospital	Lowell	(978) 637-6000
Cannon, Marianne		Beverly	(978) 337-7706
Defort, Dale		Beverly	(978) 338-5615
Dibartolomeo, Anthony John	Lynnfield Psychological Associates, PC	Lynnfield	(781) 334-2644
Dirks, Susan		Danvers	(978) 750-0755
Doherty, Bridget	Psychiatric Associates of Lynn, PC	Lynn	(781) 268-2200
Ferraro, Stephanie	Psychiatric Associates of Lynn, PC	Lynn	(781) 268-2200

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

<b>REGISTERED NURSE CLINICAL SPECIALISTS</b>	<b>PRACTICE</b>	<b>CITY/TOWN</b>	<b>PHONE #</b>
Gibson, Whitney Marie	Community Medical Associates	Lawrence	(978) 946-8550
Massey, David		Newburyport	(978) 270-5069
Ortiz, Maribel		Methuen	(978) 221-7598
Putnam, Kristina	Pediatric Health Care Associates	Peabody	(978) 535-1110
Raucci, Christine		Danvers	(978) 750-0755
Regan Burke, Margaret M.	Center for Psychiatric Medicine	Lawrence	(978) 685-8800
Riel, Russell		Amesbury	(978) 388-0606, Ext. 14
Reimherr, Elizabeth	Psychiatric Associates of Lynn, PC	Lynn	(781) 268-2200
Rosen, Sherryl	Psychiatric Associates of Lynn, PC	Lynn	(781) 268-2200
Tefft, Colette M.	Center for Psychiatric Medicine, PC	Lawrence	(978) 685-8800
Wangerin, Gail		Lawrence	(978) 682-8881

**Licensed Independent Clinical Social Workers**

<b>LICENSED INDEPENDENT CLINICAL SOCIAL WORKERS</b>	<b>PRACTICE</b>	<b>CITY/TOWN</b>	<b>PHONE #</b>
Acevedo, Angelica		Salem, Andover	(617) 312-8563
Adamczyk, Thomas S.	Lynnfield Psychological Associates, PC	Lynnfield	(781) 334-2644
Aliaga, Martha		Lawrence	(978) 682-5113
Baker, Barbara		Danvers	(978) 697-6025
Barker, Jeri		Swampscott	(781) 596-2000
Barrett, Miriam		North Billerica	(978) 362-1695
Bettencourt, Michael		Melrose	(781) 665-8100
Benzanson, Mark		Amesbury	(978) 904-1075
Blaney, Karen	North Shore Clinicians Group, LLC	Peabody	(978) 535-1606
Bolin, Betty Jo	Solutions for Living, Inc.	Stoneham	(781) 306-1180
Boyle, Katherine		Beverly, Reading	(781) 438-8393
Brown, Jennifer	Psych Associates of North Reading	North Reading	(978) 664-2566
Browson, Robert		Lowell	(978) 479-2923
Buckley, Elizabeth L.		North Andover	(781) 526-0258
Burns, Kate H.	Marblehead Counseling Center	Marblehead	(781) 631-8273
Busfield, Pandora		North Chelmsford	(978) 251-3338
Carty, Kevin	North Shore Clinicians Group, LLC	Peabody	(978) 535-1606
Carty, Marzena	North Shore Clinicians Group, LLC	Peabody	(978) 535-1608
Cerqueira Parker, Daisy	Pediatric Health Care Associates	Peabody	(978) 535-1110
Chausse, William		Lawrence	(978) 686-2199
Chapman, Kathryn	Clearview Counseling	Tyngsboro	(978) 649-9980
Cintron, Mari Carmen		Haverhill	(978) 521-1038
Cipolla, Scott		Newburyport	(978) 376-8451
Correa-Berg, Carla		Lowell	(978) 674-8444
Crosby, Paul	Marblehead Counseling Center, Inc.	Marblehead	(781) 631-8273
Daley-Santosusso, Janine		Andover, Lynn	(781) 592-6100
Devlin, Donna		Newburyport	(978) 914-3679
Dracup, Denise M.	Lynnfield Psychological Associates, PC	Lynnfield	(781) 334-2644
Dubowy, Deborah		Beverly	(978) 395-5031

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.



LICENSED INDEPENDENT CLINICAL SOCIAL WORKERS	PRACTICE	CITY/TOWN	PHONE #
Dunham, Erin M.	Solutions for Living, Inc.	Stoneham	(781) 306-1180
Dunlea-Vezina, Robin		Danvers	(978) 777-3227
Dunn, Rosalyn		Salem	(978) 745-6230
Eccleston, Alison	North Shore Clinicians Group	Peabody	(978) 535-1608
Fischer, Sharon	Pediatric Care Associates	Peabody	(978) 535-1110
Ford, Marcia		Hamilton	(978) 239-3392
Freeman, Bruce		Salem	(781) 979-2367
Gibbons, Rebekah	Psychotherapy Assoc. of North Reading	North Reading	(978) 664-2566
Gingras, Normand A.	Empath Counseling and Wellness	Chelmsford	(978) 770-2429
Godin, Mark	North Shore Clinicians Group	Peabody	(978) 535-1608
Goldberg, Suzanne		Amesbury	(978) 388-0606
Graham, Elizabeth	Psychological Associates of North Reading	North Reading	(978) 664-2566
Graham, Marcie A.	Greater Lowell Pediatrics, Inc.	Lowell	(978) 452-2200
Guilloteau, Jean		Stoughton	(781) 344-3400
Hamburg, Jean		Marblehead	(781) 631-8752
Hardy, Elizabeth		Saugus	(617) 784-9045
Haring, Kristin L.		North Andover	(978) 557-5712
Harris, Helane		Rockport	(978) 290-0846
Hazelton, Cynthia		Rowley	(978) 948-3600
Hey, Thomas		North Andover	(978) 685-6556
Hodgson, Renee	North Shore Clinician Group	Peabody	(978) 535-1608
Hogan-Fowler, Molly	Pediatric Health Care Associates	Peabody	(978) 535-1110
Holbrook, Corinne	Partners Community Physicians	Haverhill	(978) 521-3210
Hoy, Stephen		Beverly	(978) 921-1335
Huntington, Joanna		Peabody	(781) 727-3176
Johnson, Robert	Psychotherapy Associates of North Reading	North Reading	(978) 664-2566
Jordan, Susan		Chelmsford	(978) 256-1288, Ext. 204
Kaufman, Richard	Psychotherapy Associates of North Reading	North Reading	(978) 664-2566
Keating, Giles		Salem	(978) 766-9600
Keegan, Kathleen		Beverly	(978) 998-6782
Kelliher-Ostrowski, Kathleen		Gloucester	(978) 223-3129
Kountz, Xochitl		Billerica	(781) 273-3399
Kronahus, Cheryl	Psychotherapy Associates of North Reading	North Reading	(978) 664-2566
Leavitt, Leah	North Shore Clinicians Group	Peabody	(978) 535-1608, Ext. 706
Lewis, Linda		Rockport	(978) 546-6102
Long, Garry F.	Solutions for Living, Inc.	Stoneham	(781) 306-1180
Lucas, Lindamae		Newburyport	(978) 463-6929
Lund, Pamela		Rowley	(978) 257-7890
Mahlatini, Sithembile		Swampscott	(781) 254-1602
Malis, John		Salem	(978) 745-9535
		Newburyport	(978) 463-6929

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

LICENSED INDEPENDENT CLINICAL SOCIAL WORKERS	PRACTICE	CITY/TOWN	PHONE #
Mandel, Dorothy	Psychotherapy Associates of North Reading	Amesbury	(978) 644-2566
Margetson, Evan		Lynn Salem	(978) 473-9967 (781) 318-3217
Mariano, Sarah Thomas		Beverly	(978) 790-4222
Marsh, Moriah		Gloucester	(978) 290-2976
Marsilia, Rosa		Lawrence	(978) 682-2143
Martelli, Lisa	Psychological Associates of North Reading	North Reading	(978) 664-2566
Maynard, Gale		Malden	(781) 454-8570
McCurley, Maryellen		Gloucester	(978) 914-0616
McDowell, Nancy		Chelmsford	(781) 643-3792
McManus, Daniel		Gloucester	(978) 852-5355
McSweeney, Janet		Amesbury	(978) 388-0606, Ext. 12
Mooney, Matthew J.		Salem	(978) 219-9819
Moskevich, Anthony, Jr.		Peabody	(978) 317-0612
Murray, John		Lynn	(617) 947-7456
Navon, Marc		Danvers, Marblehead	(781) 990-1035
Nazzaro, Robert		Saugus, Beverly	(617) 791-4805
Ouellette, Diane		Middleton	(978) 304-0572
O'Meara, Laura	Psychiatric Associates of Lynn	Lynn	(781) 268-2200
Page, Fusako		Lynn	(781) 910-4483
Papadopoulos, Efimia		Westford	(978) 263-0919
Parks Jr, Daniel		Amesbury	(978) 388-5311
Pelmas, Nancy	Psychotherapy Associates of North Reading	North Reading	(978) 664-2566
Pizzuto, Marc		Lynn Peabody	(781) 268-2200 (978) 535-1606
Pluhar, Madeleine		Dracut	(978) 934-9444, Ext. 7
Pryjma, Tai		Stoneham	(978) 594-0052
Pullig, Kira J.	Solutions for Living, Inc.	Stoneham	(781) 306-1180
Rascona, Debra		Newburyport	(978) 905-0997
Reardon, Bea		Gloucester	(978) 282-0990
Reis, Laura		Lowell	(978) 452-3711, Ext. 5
Robbins, Jeffrey		Danvers	(978) 777-6497
Romero, Samuel		Lawrence	(617) 968-0801
Ruggieri, Joseph		North Andover	(978) 686-5013
Ruskowski, Donna		Swampscott	(978) 317-4851
Saleme, Maria		Lynn	(781) 595-8080
Schumacher, Elizabeth		North Reading	(978) 664-9400
Segal, Madeline		Salem	(978) 745-5114, Ext. 3
Shlank-Bloomenthal, Doronit		Westford	(978) 467-4423
Sleden, David R.		Salem	(617) 851-6223
Stockwell, James		Boxford	(978) 887-5546
Sullivan, Gail		Lynn	(978) 210-0499
Sullivan, Gail	Marblehead Counseling Center	Marblehead	(781) 631-8273
Sutcliffe, Debra H.		Beverly	(978) 778-8288
Swartz, Ilene		Lynn	(617) 797-6528

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

LICENSED INDEPENDENT CLINICAL SOCIAL WORKERS	PRACTICE	CITY/TOWN	PHONE #
Swicker, Karen		Rowley	(978) 948-3900
Toll, Julie Ann		Danvers	(781) 629-3259
Tsarouhas, Catherine		Medford	(781) 396-5575, Ext. 1
Ure, Laurie		Gloucester	(978) 283-6733
Valente, Kristen	Psychotherapy Associates of North Reading and Amesbury	North Reading	(978) 664-2566
Valsamakis, Irma	Pediatric Health Care Associates	Peabody	(978) 535-1110
Vavra, Lorraine		Amesbury	(978) 388-6800
Walker, Dennis	Psychological Associates of North Reading	North Reading	(978) 664-2566
Wallerstein, Patricia		Newbury	(978) 388-5311, Ext. 3
Wexelblat, Michelle S.		North Chelmsford	(978) 436-1764
Wilkinson, Dontie		Saugus	(978) 631-9010
Wilson, Courtney		Gloucester	(978) 852-6514

**Licensed Mental Health Counselors**

LICENSED MENTAL HEALTH COUNSELORS	PRACTICE	CITY/TOWN	PHONE #
Annis, Nancy		Tyngsborough	(978) 368-0456
Anthony, Kenneth		Methuen	(978) 994-0411
Arnesani, Nancy		Salem	(781) 367-6438
Ashcraft, Laurel		Lowell	(617) 855-6613
Bartlett-Kiechle, Kourtney	Merrimack Valley Trauma Services	North Chelmsford	(978) 362-1695
Blaney, Karen L.		Lynnfield	(781) 254-3005
Block Pellegrini, Elaine J.	Solutions for Living, Inc.	Stoneham	(781) 306-1180
Bor, Ann	Center for Psychiatric Medicine, PC	Lawrence	(978) 685-8800
Bray-Schultz, Jennifer	Clearview Counseling	Tyngsboro	(978) 649-9980
Brennenstuhl, John	New Life Counseling	Peabody	(978) 876-9344
Burkland, Amy	Psychotherapy Associates of North Reading and Amesbury	North Reading	(978) 664-2566
Cabrera, Ruth	Action Community Counseling	Haverhill	(978) 870-4178
Cipolla, Scott		Newburyport	(978) 376-8451
Colucci, Deborah		North Reading	(781) 820-4575
Cook, David	Salem Psychological Associates	Salem	(978) 712-8777
Cropper, James	Center for Psychiatric Medicine, PC	Lawrence	(978) 685-8800
Davidson, Carole	Psychological Associates of North Reading	North Reading	(978) 664-2566
Day, Benny J.	Marblehead Counseling Center	Marblehead	(781) 631-8273
Delaney-Smith, Denise		Saugus, Lynnfield	(781) 589-7387
Douglas, Brandon	Partners Community Physicians	Haverhill	(978) 521-3210
Duberstein, Jerry		Amesbury	(603) 828-4195
Field, Katy L.		Beverly	(508) 317-8091
Fine, Heather		Lynn	(978) 587-7441
Fleck, Robert		Beverly	(978) 473-4384
Flynn, Ashley	Pediatric Associates of Malden	Malden	(781) 322-5101
Frechette, Kaya		Salem	(978) 223-0842

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

LICENSED MENTAL HEALTH COUNSELORS	PRACTICE	CITY/TOWN	PHONE #
Ford, Marcia		South Hamilton	(978) 239-3392
Foss, Sarah	North Shore Clinicians Group, LLC	Peabody	(978) 535-1608
Gould, Emily	North Shore Clinicians Group, LLC	Peabody	(978) 535-1608
Greco, Alisa		Beverly	(978) 223-3321
Griffin-Terner, Julia	J Griffin-Terner Psychotherapy	Beverly	(978) 335-0756
Harris, Kaitlin	Partners Community Physicians	Haverhill	(978) 521-3210
Hartley, Gina	Pediatric Healthcare Associates	Peabody Salem	(978) 535-1110 (978) 741-8366
Hey, Thomas		North Andover	(978) 686-5013
Hiller, Breanne		North Billerica	(978) 362-1695
Hills, Jennifer	Psychotherapy Associates of North Reading	North Reading	(978) 664-2566
Holmes-Coutracos, Elizabeth		Beverly	(978) 806-6791
Huey, Elizabeth L.		North Andover	(978) 256-9017
Isabella, Jillian		Beverly	(774) 218-0007
Johnson, Diana	North Shore Clinicians Group, LLC	Peabody Lynnfield	(978) 535-1606 (617) 771-3335
Kansiewicz, Kristen	New Hope Christian Counseling	Lynn	(781) 367-2383
Keating, Giles		Beverly	(978) 766-9600
Kowalski, Jeannette	Marblehead Counseling Center, Inc.	Marblehead	(781) 632-8273
Kusiak, Cheryl		Salem	(978) 578-4387
Lacerte, Kenneth R.		Haverhill	(978) 273-4128
Lakins, Jennifer L.	Solutions for Living, Inc.	Stoneham	(781) 306-1180
Leach, Luisa C.	Pediatric Health Care Association	Peabody	(978) 535-1110
Lemieux, Joseph	Psychiatric Associate of Lynn	Lynn	(781) 268-2200
Libby, Sarah	Pediatric Healthcare Associates	Peabody	(978) 535-1110
Locke, Vicky	Circles of Care, Inc.	Salem	(781) 990-3290
Loewenstein, Abigail		Beverly	(617) 299-6418
Logan, Mary		Amesbury	(978) 241-7881
Lopez, Bibiana	Center for Psychiatric Medicine, PC	Lawrence	(978) 685-8800
Malone, James M.		West Newbury	(978) 363-2365
Malvarosa, Gina	Optimal Psychology Associates	Danvers	(978) 774-0500
Mandel, Dorothy	Psychotherapy Associates of North Reading	North Reading	(978) 664-2566
Martel, Donald		Ipswich	(978) 352-2485
McManus, Daniel		Gloucester	(978) 238-9797, Ext. 102
Melson, Jennifer	Reflections Thoughtful Therapy	Amesbury	(508) 612-9709
Moore, Jennifer L.	Psych Associates of North Reading	North Reading	(978) 664-2566
Morin, James	Psychological Associates of North Reading	North Reading	(978) 664-2566
Munyiri, Grace		Malden	(339) 224-5585
Natale, Emily	Merrimack Valley Trauma Service	North Billerica	(978) 362-1695
Olejarz, Ashley	HKD Treatment Options, PC	Lowell	(978) 701-9877
Pagan, Geraldo	Diverse Understanding Mental Health	Lawrence	(978) 651-1377
Parks, Daniel E.		Amesbury	(978) 388-5311
Pitasi-Clark, Kathryn	Millyard Health Collaborative, Inc.	Amesbury	(978) 388-3343
Praetz, Susan	Susan Praetz Therapy	North Reading	(617) 816-6462
Schwalbach, Jeanne M.	Solutions for Living, Inc.	Stoneham	(781) 306-1180
Shuart, Jennifer		Haverhill	(617) 283-3305
Silverman, Robyn		Bayfield	(978) 255-3585

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

LICENSED MENTAL HEALTH COUNSELORS	PRACTICE	CITY/TOWN	PHONE #
Smith, Bryan	North Shore Clinicians Group	Peabody	(978) 535-1608
Smoley-Balog, Reina	Counseling Associates of Dracut	Dracut	(978) 934-9444
Sondhi, Naimesha	HKD Outreach, PC	Lowell Methuen	(978) 710-9877 (978) 984-5745
Staples, Richard		Peabody	(978) 815-1570
Sullivan, Gail		Salem	(978) 210-0499
Sutcliffe, Carol		Lawrence	(978) 794-9968
Swanson, David		Gloucester	(978) 879-8471
Tevari, Leona L.		Medford	(781) 708-4960
Wickert, Morgan		Lynn	(617) 306-3637

**Licensed Marriage and Family Therapists**

LICENSED MARRIAGE AND FAMILY THERAPISTS	PRACTICE	CITY/TOWN	PHONE #
Coffield, Eileen	North Shore Clinician Group	Peabody	(978) 535-1608
Dickerson, Kelin	Psychotherapy Associates of North Reading	North Reading	(978) 664-2566
Duberstein, Jerry		Amesbury	(603) 828-4195
Ebersole, Robert, Jr.	Eagles Nest Family Therapy Services	Amesbury Danvers	(978) 880-3591
Starr, Tracy		Salem	(617) 875-6312
Surette, Darcy		Salem	(617) 821-9996
Svetchnikoy, Anna		Swampscott	(781) 600-5501
Wamba, Anne Marie	Community Counseling Services	Malden	(617) 691-6356

**Licensed Alcohol Drug Abuse Counselor**

LICENSED ALCOHOL DRUG ABUSE COUNSELOR	PRACTICE	CITY/TOWN	PHONE #
Anthony, Kenneth		Methuen	(978) 994-0411
Ashcraft, Laurel	HKD Outreach, PC	Lowell	(978) 710-9877
Drinkwater, William		Beverly	(781) 572-2290
Praetz, Susan	Susan Praetz Therapy	North Reading	(617) 816-6462
Rutledge Wayne, Isaac	The Rutledge Group	Lynn	(617) 763-4392

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## COMMUNITY SUPPORT PROGRAM (CSP)

The Community Support Program (CSP) provides an array of services delivered by a community-based, mobile, multidisciplinary team of professionals and paraprofessionals. This program provides essential services for Members with a long-standing history of psychiatric or substance use disorders and to their families, or to Members who are at varying degrees of increased medical risk, or to children/adolescents who have behavioral health issues challenging their optimal level of functioning in the home/community setting.

In general, a Member who can benefit from CSP services has a disorder that has required hospitalization or has resulted in serious impairment with a risk of hospitalization. CSP services are used to prevent hospitalization. They are designed to respond to the needs of the individuals who pattern of utilization of services or clinical profile indicates high risk of readmission into 24-hour treatment settings. These services are designed to be maximally flexible in supporting individuals who are unable to independently access and sustain involvement with needed services.

These outreach and supportive services are directed toward adults, children, and adolescents and vary according to duration, type, and intensity of services depending on the changing needs of each individual. Community Support Services are expected to complement other services already in place for the individual.

**Access to Service: Direct referral – does not need to be evaluated by an ESP (Emergency Services Program)**

PROVIDER	CITY/TOWN	PHONE NUMBER	COMMENTS
Eliot CHC	Lynn Everett	(781) 581-4731 or 4489 (781) 388-6200	
Family Continuity Program (FCP)	Peabody* Lawrence	(978) 927-9410 (978) 687-1617	Intake Coordinator: Amanda Willard *(FCP Peabody also includes Cultural Broker Program)
Lahey/Northeast Behavioral Health	Beverly	(978) 338-1726	Intake Coordinator: Heather McClain
	Danvers	(978) 739-7643	Intake Coordinator: Amanda Izzo-Nicoletti
	Tewksbury Treatment Center	(978) 739-7643	Intake Coordinator: Amanda Izzo-Nicoletti
Lowell Treatment Center Westwood/Lowell	Lowell	(978) 703-2221	Intake Coordinator: Julie Williams
Lynn Community Health Center	Lynn	(781) 586-6546	Intake Coordinator: Emily Johnson
Pyramid Builders Counseling Services, Inc.	Lynn	(781) 780-3566	
Riverside Community Care	Lynnfield	(781) 246-2010	<a href="mailto:CSPReferral@riversidecc.org">CSPReferral@riversidecc.org</a>

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

## COMMUNITY SUPPORT PROGRAM FOR PEOPLE EXPERIENCING CHRONIC HOMELESSNESS (CSPECH)

The Community Support Program for People Experiencing Chronic Homelessness (CSPECH) provides support services to Members who are experiencing chronic homelessness (as defined by the Department of Housing and Urban Development (HUD), and are either living in a “Housing First” program, or who are receiving extensive outreach in an attempt to recruit them into a Housing First program. CSPECH is a community-based service coordination and support program that coordinates the behavioral health needs and community tenure sustainment needs of these MBHP Members.

Community-based service coordination and support services such as CSPECH are intended to maximize the ability of Members who are experiencing chronic homelessness to attain and maintain permanent housing and tenure within the community. Providing low-threshold, high support services to Members who are chronically homeless and living in a Housing First program such as CSPECH has been shown to significantly increase the likelihood they will be successful in achieving permanency within the community while reducing reliance on acute care services.

**Access to Service: Direct referral – does not need to be evaluated by an ESP (Emergency Services Program)**

PROVIDER	CITY/TOWN	PHONE NUMBER	COMMENTS
Bridgewell, Inc	Lowell	(978) 459-3387	Ages 18+
Eliot Community Human Services	Lynn	(781) 581-4427	Ages 18+

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

## APPLIED BEHAVIOR ANALYSIS (ABA)

Applied Behavior Analysis (ABA) is a service that provides for the performance of behavioral assessments; interpretation of behavior analytic data; development of a highly specific treatment plan; supervision and coordination of interventions; and training other interveners to address specific objectives or performance goals in order to treat challenging behaviors that interfere with the youth's successful functioning. ABA includes services provided by two different sets of credentials; licensed, applied behavior analyst and behavior technician/paraprofessional. It is delivered by one or more members of a team of qualified providers consisting of professional and paraprofessional staff.

**Access to Service: Direct referral- does not need to be evaluated by an Emergency Service Provider (ESP)**

PROVIDER	CITY/TOWN	PHONE NUMBER	COMMENTS
Aspire Learning Center, LLC	Beverly	(978) 473-7300	
Beacon ABA	North Andover	(978) 984-5792	
Creative Behavioral Solutions	Chelmsford	(978) 701-6837	
Future Behavior Therapy Center	Beverly	(978) 969-2894	
Melmark, Inc. (d.b.a. Melmark New England)	Andover North Andover	(978) 654-4300 (978) 984-5792	
New England ABA, Inc.	Wakefield	(866) 926-4345	
Northeast Arc, Inc.	Danvers	(978) 627-2340	
Northeast Family Services	Lawrence Lowell Lynn Salem	(774) 206-1125 (978) 688-4830 (978) 453-6800 (978) 452-1736 (781) 244-1950 (978) 542-1951	
North East Educational and Developmental Supports Center (NEEDS Center)	Tewksbury	(978) 273-1679	
Positive Behavior Supports Corporation	Wakefield	(855) 832-6727	
PrideStar Center for Applied Learning	Lowell	(978) 677-6952	
South Bay Mental Health Center	Lawrence Lowell Lynn Malden Salem	(978) 688-4830 (978) 453-6800 (978) 452-1736 (781) 244-1950 (781) 851-2648 (978) 542-1951	
Specialized Autism Consultants	Wakefield	(781) 354-4500	

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.



## INTENSIVE CARE COORDINATION (ICC)

ICC is a wraparound service delivered by a Community Service Agency (CSA). This service provides Care Coordination for youth under the age of 21 who have been diagnosed with a serious emotional disturbance (SED). A Care Coordinator works with the youth, family/guardian, supports, providers, schools, state agencies, and others who play a key role in the youth's life. The Care Coordinator works with those identified to create a care planning team for the youth, and together this team comes up with an Individual Care Plan to address the youth's needs and support the goals identified by the youth and family/caregiver.

**Access to Service:** Direct access - referrals are made through any individual or agency (i.e., self, provider, state agency, school, etc.).

PROVIDER	CITY/TOWN/ AREA OFFICE	PHONE NUMBER	LINGUISTIC CAPACITY ..... SPECIALTY POPULATIONS
Children's Friend and Family Services (JRI)	Lawrence	(978) 682-7289, Ext. 2552	- Spanish
	Lynn	(781) 593-7676	- Spanish - Haitian Creole - Cantonese - Khmer - Albanian
Eliot Community Human Services	Malden	(781) 395-0457	- Spanish - Haitian Creole - Mandarin - Portuguese - Chinese - Amharic
Lahey/Northeast Behavioral Health	Haverhill	(978) 374-0414	- Spanish - French
	Cape Ann	(978) 922-0025	- Spanish
The Learning Center for the Deaf, Walden School	Statewide	(508) 875-9529 Video Phone: 1-866-641-1780	-ASL ..... ▪ Specialty CSA for deaf and hard of hearing population
Wayside Youth & Family Support Network	Lowell	(978) 460-8712	- Spanish - Portuguese

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

## FAMILY SUPPORT AND TRAINING (FS&T)

FS&T provides a structured, one-to-one, strength-based relationship between a Family Support and Training Partner and a parent/caregiver of a youth under the age of 21. The purpose of this service is for resolving or ameliorating the youth's emotional and behavioral needs by improving the capacity of the parent/caregiver to parent the youth. FS&T aims to improve the youth's functioning in the community or support the youth's return to the community via work with the caregiver. Services may include education; assistance in navigating the child-serving systems (DCF, education, mental health, juvenile justice, etc.); fostering empowerment, including linkages to peer/parent support and self-help groups; assistance in identifying formal and community resources (e.g., after-school programs, food assistance, summer camps, etc.); and support, coaching, and training for the parent/caregiver.

**Access to Service:** Referrals are made solely through one of the Clinical Hub Services of Intensive Care Coordination, In-Home Therapy, or Outpatient Therapy.

PROVIDER	CITY/TOWN/ AREA OFFICE	PHONE NUMBER	LINGUISTIC CAPACITY ..... SPECIALTY POPULATIONS
Children's Friend and Family Services (JRI)	Lawrence	(978) 682-7289, Ext. 2552	- Spanish
	Lynn	(781) 593-7676	- Spanish - Haitian Creole - Cantonese - Khmer - Albanian
Eliot Community Human Services	Malden	(781) 395-0625	- Spanish - Haitian Creole - Mandarin - Amharic
Lahey/Northeast Behavioral Health	Haverhill	(978) 374-0414	- Spanish - French
	Cape Ann	(978) 922-0025	- Spanish
The Learning Center for the Deaf, Walden School	Statewide	(508) 879-5110	-ASL ..... ▪ Specialty CSA for deaf and hard of hearing population
Wayside Youth & Family Support Network	Lowell	(508) 309-0369	- Spanish - Portuguese

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

**IN-HOME BEHAVIORAL SERVICES (IHBS)**

In-Home Behavioral Services addresses a youth’s (under the age of 21) behaviors that interfere with successful functioning in the community, and the services are delivered by one or more members of a team consisting of professional and paraprofessional staff via a combination of *Behavior Management Therapy* and *Behavior Management Monitoring*.

**Behavior Management Therapy** includes a behavioral assessment (observing the youth’s behavior, antecedents of behaviors, and identification of motivators) and the development of a highly specific behavior plan with interventions that are designed to diminish, extinguish, or improve specific behaviors related to the youth’s behavioral health condition(s). Supervision and coordination of interventions, and training other interveners to address specific behavioral objectives or performance goals are provided.

**Behavior Management Monitoring** includes implementation of the behavior plan developed by the Behavior Management Therapist as well as monitoring of the youth’s behavior and reinforcing implementation of the behavior plan by the caregiver(s). Also included is progress reporting back to the Behavior Management Therapist on implementation of the behavior plan and progress toward behavioral objectives or performance goals so that the behavior plan may be modified as needed.

**Access to Service:** Referrals are made solely through one of the Clinical Hub Services of Intensive Care Coordination, In-Home Therapy, or Outpatient Therapy.

PROVIDER	CITY/TOWN	PHONE NUMBER	LINGUISTIC CAPACITY ..... SPECIALTY POPULATIONS
Beacon ABA Services, Inc.	North Andover	(978) 984-5792	
Jewish Family & Children’s Services	Danvers	(781) 693-1248	
Northeast Behavioral Associates	Danvers	(774) 206-1125	
South Bay Mental Health Center	Lowell, Salem, Lawrence, Lynn, Malden	1-800-244-4691	
Toward Independent Living & Learning (TILL)	Peabody	(781) 302-4616	

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

## THERAPEUTIC MENTORING SERVICES (TM)

TM services are provided to youth (under the age of 21) in any setting where the youth resides, such as the home (including foster homes and therapeutic foster homes), and in other community settings such as school, child care centers, or respite settings. TM offers structured, one-to-one, strength-based support services between a therapeutic mentor and a youth for the purpose of addressing daily living, social, and communication needs. Therapeutic Mentoring services include supporting, coaching, and training the youth in age-appropriate behaviors, interpersonal communication, problem-solving and conflict resolution, and relating appropriately to other children and adolescents, as well as adults, in recreational and social activities. TM promotes a youth's success in navigating various social contexts, learning new skills, and making functional progress in the community.

**Access to Service: Referrals are made solely through one of the Clinical Hub Services of Intensive Care Coordination, In-Home Therapy, or Outpatient Therapy.**

PROVIDER	CITY/TOWN	PHONE NUMBER	LINGUISTIC CAPACITY ..... SPECIALTY POPULATIONS
Arbour Counseling	Lawrence	(617) 782-0505	..... ▪ Under the age of 21
Children's Friend and Family Services (JRI)	Lynn Lawrence Salem Gloucester	(978) 592-5691 (978) 682-7289, Ext. 3010 (978) 744-7905 (978) 823-7198	- Spanish - Somalian
Eliot Community Human Services	Malden	(781) 395-0704	
Family Continuity	Lawrence	(978) 687-1617	- Spanish
	Peabody	(978) 927-9410	- Spanish - ASL
Family Service of the Merrimack Valley, Inc.	Lawrence	(978) 327-6611	
Greater Malden Behavioral Health Center	Malden	(781) 480-3946	
Jewish Family and Children Services	Danvers	(781) 647-5023	
Justice Resource Institute	Chelmsford	(978) 799-7397	..... ▪ Under the age of 21
Key Program	Methuen	(603) 894-4467, Ext. 30	
Lahey/Northeast Behavioral Health	Beverly, Cape Ann	(978) 921-1190, Ext. 380	- Spanish - Haitian Creole
	Lawrence Haverhill	(978) 620-1796 (978) 373-3086, Ext. 202	
Lowell Treatment Center	Lowell, Lawrence, Haverhill	(978) 703-2200	- Spanish
Massachusetts Mentor, LCC	Peabody	(978) 531-0818	
MSPCC	Lawrence	(978) 682-9222	
North American Family Institute (NFI)	Haverhill	(978) 882-1489	..... ▪ Under the age of 21
Northeast Behavioral Associates	Danvers	(774) 206-1125	..... ▪ Under the age of 21
Riverside Community Care	Lynnfield	(781) 246-2010	

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

PROVIDER	CITY/TOWN	PHONE NUMBER	LINGUISTIC CAPACITY ..... SPECIALTY POPULATIONS
South Bay Mental Health	Salem, Lawrence, Lowell, Malden, Lynn	1-800-244-4691	..... ▪ Under the age of 21
St. Ann's Home	Methuen	(978) 682-5276	
Trauma and Family Institute (TFI)	Lowell	(978) 677-7823	..... ▪ Under the age of 21
Wayside Youth & Family Support Network	Malden	(781) 891-0556, Ext. 17	-Haitian Creole
	Lowell	(978) 460-8712	-Spanish
	Medford	(781) 338-2640	-Bosnian ..... ▪ Under the age of 21

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

## IN-HOME THERAPY SERVICES (IHT)

In-Home Therapy Services are delivered by one or more members of a team consisting of professional and paraprofessional staff, offering a combination of medically necessary In-Home Therapy and Therapeutic Training and Support.

In-Home Therapy is a structured, consistent, strength-based, therapeutic relationship between a licensed clinician and the youth and family for the purpose of treating the youth's behavioral health needs, including improving the family's ability to provide effective support for the youth to promote his/her healthy functioning within the family. Interventions are designed to enhance and improve the family's capacity to improve the youth's functioning in the home and community and may prevent the need for the youth's admission to an inpatient hospital, psychiatric residential treatment facility or other treatment setting.

**Access to Service: Direct access - referrals are made through any individual or agency (i.e., self, provider, state agency, school, etc.).**

PROVIDER	CITY/TOWN	PHONE NUMBER	LINGUISTIC CAPACITY ..... SPECIALTY POPULATIONS
Arbour Counseling	Lawrence	(617) 782-0505	..... ▪ Under the age of 21
Children's Friend & Family Services (JRI)	Salem Lynn Gloucester	(978) 219-1501, Ext. 250 (781) 592-5691 (978) 283-7198, Ext. 430	- Spanish (Lawrence, Lynn)
Eliot Community Human Services	Malden	(781) 395-0457	
Family Service of the Merrimack Valley, Inc.	Lawrence	(978) 327- 6611	
FCP - Family Continuity Programs	Lawrence Peabody	(978) 687-1617 (978) 927-9410	
Greater Malden Behavioral Health Center	Malden	(781) 480-3946	
Jewish Family and Children Services	Danvers	(781) 647-5023	
Justice Resource Institute	Chelmsford	(978) 799-7397	..... ▪ Under the age of 21
Lahey/Northeast Behavioral Health	Lawrence Haverhill Beverly	(978) 620-1700 (978) 373-3086, Ext. 208 (978) 921-1190, Ext. 380	- Spanish - Haitian Creole - Japanese - Shona
Lowell Treatment Center	Lowell, Lawrence, Haverhill	(978) 703-2200	- Spanish
Massachusetts Alliance of Portuguese Speakers (MAPS)	Lowell	(978) 970-1250	..... ▪ Under the age of 21
Mass Mentor, Inc.	Lawrence	(978) 794-7966	..... ▪ Under the age of 21
MSPCC	Lawrence	(978) 682-9222	
North American Family Institute (NFI)	Haverhill	(978) 882-1489	..... ▪ Under the age of 21

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

<b>PROVIDER</b>	<b>CITY/TOWN</b>	<b>PHONE NUMBER</b>	<b>LINGUISTIC CAPACITY</b> ..... <b>SPECIALTY POPULATIONS</b>
Northeast Behavioral Associates	Danvers	(774) 206-1125	..... ▪ Under the age of 21
Priority Professional Care, Inc.	Lawrence	(978) 655-7782	- Spanish - Haitian Creole
Riverside Community Care	Lynnfield	(781) 246-2010, Ext. 6425	- Spanish
St. Ann's Home	Methuen	(978) 682-5276	..... ▪ Under the age of 21
South Bay Mental Health	Salem, Lawrence, Lowell, Malden  Lynn	(800) 244-4691   (508) 521-2222	- Spanish - Portuguese - Cambodian - Japanese
Trauma and Family Institute (TFI)	Lowell	(978) 677-7823	..... ▪ Under the age of 21
Wayside Youth & Family Support Network	Malden  Lowell  Medford	(781) 891-0556, Ext. 17  (978) 460-8712  (781) 338-2640	- Spanish - Haitian Creole - Bosnian ..... ▪ Under the age of 21

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

## COMMUNITY-BASED ACUTE TREATMENT (CBAT) FOR CHILDREN AND ADOLESCENTS

Community-Based Acute Treatment (CBAT) is provided to children/adolescents who require a 24-hour-a-day, seven-day-a-week, staff-secure (unlocked) group setting. For children and adolescents with serious behavioral health disorders, CBAT provides therapeutic intervention and specialized programming in a controlled environment with a high degree of supervision and structure. Intensive therapeutic services include, but are not limited to, daily medication monitoring; psychiatric assessment; nursing availability; Specialing (as needed); individual, group, and family therapy; case management; family assessment, and consultation; discharge planning; and psychological testing as needed. Active family/caregiver involvement through family therapy, a key element of treatment, is expected.

CBAT may be used as an alternative to, or transition from, inpatient services.

**Access to Service: ESP (Emergency Service Program) evaluation required**

**Child/Adolescent:**

PROVIDER	CITY/TOWN	PHONE NUMBER	COMMENTS
Lahey/Northeast Behavioral Health (Hill House)	Ipswich	(978) 356-9321	12 beds, co-ed Ages 11-18
St. Ann's Home	Methuen	(978) 682-5276	10 beds, co-ed Ages 5-18

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.



## INTENSIVE COMMUNITY-BASED ACUTE TREATMENT (ICBAT) FOR CHILDREN AND ADOLESCENTS

The Intensive Community-Based Treatment (ICBAT) provides the same services as Community-Based Acute Treatment (CBAT) but of higher intensity, including more frequent psychiatric evaluation and medication management and a higher staff-to-patient ration. ICBAT is an alternative to inpatient hospitalization and is not used as a step-down placement following discharge from a locked, 24-hour setting.

**Access to service:** ESP (Emergency Service Program) evaluation required

**Child/Adolescent:**

PROVIDERS	CITY/TOWN	PHONE NUMBER	CONTACT PERSON	COMMENTS
Y.O.U., Inc. - Wetzel Center	Worcester*	(508) 849-5640	Intake Staff	Child (ages 7-12) Adolescents (ages 12-17)

***\*not in Northeast region***

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

**DIALECTICAL BEHAVIOR THERAPY (DBT)**

Dialectical Behavior Therapy (DBT) is a structured outpatient treatment as defined by Marsha Linehan, PhD (Linehan, et. al., *Cognitive-Behavioral Treatment of Borderline Personality Disorder*, New York: Guilford Press, 1993) which combines strategies from behavioral, cognitive, and other supportive psychotherapies. DBT services encompass individual therapy, DBT skills group, therapeutic consultation to the Member on the telephone, and the therapists' internal consultation meeting(s). Through an integrated treatment team approach to services, DBT seeks to enhance the quality of the Member's life through group skills training and individual therapy with a dialectical approach of support and confrontation.

DBT is available for adults who meet the DSM-V diagnosis for borderline personality disorder and who exhibit chronic para-suicidal behaviors.

DBT is also available for adolescents who meet three of the nine DSM-V criteria for borderline personality disorder and who exhibit suicidal or self-injurious behaviors.

**Access to Service: Direct referral - does not need to be evaluated by an ESP (Emergency Service Program)**

**Adult:**

PROVIDER	CITY/TOWN	PHONE NUMBER	COMMENTS
South Shore Mental Health	Quincy*	(800) 528-4890	

***\*not in Northeast region***

**Child/Adolescent:**

PROVIDERS	CITY/TOWN	PHONE NUMBER	COMMENTS
South Shore Mental Health	Quincy*	(800) 528-4890	
Italian Home	Brighton*	(617) 787-1901, Ext. 126	Teresa Henke

***\*not in Northeast region***

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

## PSYCHIATRIC INTENSIVE OUTPATIENT PROGRAM (PIOP)

The Psychiatric Intensive Outpatient Program (PIOP) provides mental health or substance use disorder services which are time limited, multidisciplinary, multimodal structured treatment in an outpatient setting. Such programs are less intensive than a partial hospital program or day treatment (e.g., may not always include medical oversight and medication evaluation and management) but significantly more intensive than outpatient psychotherapy and medication management.

This level of care may be used to intervene in a complex or refractory clinical situation which would otherwise result in a higher level of care. Clinical interventions available should include modalities typically delivered in office-based settings, such as individual, couple, and family psychotherapy, group therapies, medication management and psycho-educational services. Frequency should occur based on individual needs.

**Access to Service:** Direct referral - does not need to be evaluated by an ESP (Emergency Service Program)

### Adult:

PROVIDER	CITY/TOWN	PHONE NUMBER	COMMENTS
North Suffolk Mental Health Association	Chelsea*	(617) 912-7989	Ages 18+
South Shore Mental Health	Quincy*	(617) 689-8200	Ages 18+

***\*not in Northeast region***

### Adolescent:

PROVIDER	CITY/TOWN	PHONE NUMBER	COMMENTS
Endurance Behavioral Health	Seabrook, NH	(603) 760-1942	Ages 13-20
Walden	Peabody	(978) 531-2904	Ages 11-17

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

## PSYCHIATRIC DAY TREATMENT PROGRAM (PDTP) FOR ADULTS AND ADOLESCENTS

Psychiatric Day Treatment provides a coordinated set of individualized, integrated, and therapeutic support services to those with psychiatric disorders, who need more active or inclusive treatment than is typically available through traditional outpatient mental health services.

While less intensive than partial hospitalization, day treatment is an intensive, clinical program that includes diagnostic, medical, psychiatric, substance-use, psychosocial, and adjunctive treatment modalities in a structured setting. Day Treatment programs provide rehabilitative, pre-vocational, educational, and life-skill services to promote recovery and attain adequate community functioning, with focus on peer socialization and group support.

**Access to Service:** Direct referral - does not need to be evaluated by an ESP (Emergency Service Program)

### Adult:

PROVIDER	CITY/TOWN	PHONE NUMBER	COMMENTS
Bridgewell Counseling	Lowell	(978) 459-0389	Lowell Adult Day Treatment Program Ages 18+
Eliot CHS Adult Day Treatment	Lynn	(781) 596-9270	Ages 18+
Lahey/Northeast Behavioral Health	Haverhill Salem	(978) 373-9158 (978) 524-7133	Enhanced - Cornerstone Ages 18+ Enhanced Ages 18+
Riverside Day Treatment	Wakefield	(781) 246-1964, Ext 3015	Enhanced Ages 18+

### Adolescent:

PROVIDER	CITY/TOWN	PHONE NUMBER	COMMENTS
Wayside Youth and Family Support	Framingham*	(508) 879-9800	Enhanced Ages 13+ Contact: Dana Zais

***\*not in Northeast region***

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

## PARTIAL HOSPITALIZATION PROGRAM (PHP)

Partial Hospitalization is a non-residential treatment program that may or may not be hospital-based. The program provides clinical, diagnostic, and treatment services on a level of intensity equal to an inpatient program, but on less than a 24-hour basis. These services include therapeutic milieu, nursing, psychiatric evaluation and medication management, group and individual/family therapy, psychological testing, vocational counseling, rehabilitation recovery counseling, substance use disorder evaluation, and counseling and behavioral plans.

Psychiatric partial hospital treatment may be appropriate when a Member does not require the more restrictive and intensive environment of a 24-hour inpatient setting, but does need up to eight hours of clinical services. Partial hospitalization is used as a time-limited response to stabilize acute symptoms. As such, it can be used both as a transitional level of care (i.e., step-down from inpatient) as well as a stand-alone level of care to stabilize a deteriorating condition and avert hospitalization. Frequency should occur based on individual needs.

**Access to Service:** Direct referral or through an ESP (Emergency Service Program) evaluation

### Child/Adolescent:

PROVIDER	CITY/TOWN	PHONE NUMBER	COMMENTS
Salem Hospital	Salem	(978) 741-1215, Ext. 4600	Ages 13-17
Walden	Peabody	(978) 531-2904	Ages 11-17

### Adult:

PROVIDER	CITY/TOWN	PHONE NUMBER	COMMENTS
Anna Jaques Hospital	Newburyport	(978) 463-1066	Ages 18+
Arbour Counseling	Lawrence	(978) 975-3789, Ext. 35	Latino Program 24-hour access:  (800) 222-2237 Ages 18+
Bay Ridge Hospital	Lynn	(781) 599-9200	Ages 18+
Salem Hospital	Salem	(978) 741-1215, Ext. 4600	Ages 18+
Walden	Peabody	(978) 531-2904	Ages 18+

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

**PROGRAM FOR ASSERTIVE COMMUNITY TREATMENT (PACT)**

Program for Assertive Community Treatment (PACT) entails the provision of an array of services delivered by a community-based, mobile, multidisciplinary team of professionals, paraprofessionals and peer specialists. PACT multidisciplinary teams provide acute, active, ongoing, and long-term community-based psychiatric treatment, assertive outreach, rehabilitation, and support. The team provides assistance to individuals to maximize their recovery, ensures consumer-directed goal setting, assists individuals in gaining hope and a sense of empowerment, and provides assistance in helping individuals become better integrated into their community. Services are provided in the community and are available, as needed by the individual, 24 hours a day, seven days a week, 365 days a year.

**Access to Service: Referral from DMH (Department of Mental Health) case manager or referral from one of the specialized Care Management programs at MBHP**

**Adult:**

PROVIDERS	CITY/TOWN	PHONE NUMBER	COMMENTS
Eliot Community Human Services	Malden Beverly Danvers Lowell Lynn	(781) 338-8800 (978) 406-4164 (781) 861-0890 (978) 275-3879 (781) 389-4696	
Vinfen Corporation	Lawrence, Haverhill	(978) 557-1165	

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

## CHILD/ADOLESCENT INPATIENT MENTAL HEALTH SERVICES

Inpatient Mental Health Services represents the most intensive level of psychiatric care and is delivered in a licensed hospital setting. Multidisciplinary assessments and multimodal interventions are provided in a 24-hour secure and protected, medically staffed, and psychiatrically-supervised treatment environment. Twenty-four-hour skilled nursing care, daily medical care, and a structured treatment milieu are required. Typically, the individual poses a significant danger to self or others, or displays severe psychosocial dysfunction. Active family/guardian/natural supports involvement is important unless contraindicated.

The goal of acute inpatient mental health care is to stabilize individuals who display acute psychiatric conditions associated with a relatively sudden onset and a short, severe course, or a marked exacerbation of symptoms associated with a more persistent, recurring disorder.

**Access to Service:** ESP (Emergency Service Program) evaluation required

**Child/Adolescent:**

PROVIDER	CITY/TOWN	PHONE NUMBER	COMMENTS
Anna Jaques Hospital	Amesbury	(978) 834-8448	Ages 4-18
Hampstead Hospital	Hampstead, NH	(603) 329-5311	Ages 10-17 Ages 4-18+ PDD
North Shore Medical Center Union Hospital	Lynn	(978) 354-4550	Ages 4-18

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

## ADULT INPATIENT MENTAL HEALTH SERVICES

Inpatient Mental Health Services represents the most intensive level of psychiatric care and is delivered in a licensed hospital setting. Multidisciplinary assessments and multimodal interventions are provided in a 24-hour secure and protected, medically staffed, and psychiatrically-supervised treatment environment. Twenty-four-hour skilled nursing care, daily medical care, and a structured treatment milieu are required. Typically, the individual poses a significant danger to self or others, or displays severe psychosocial dysfunction. Active family/guardian/natural supports involvement is important unless contraindicated.

The goal of acute inpatient mental health care is to stabilize individuals who display acute psychiatric conditions associated with a relatively sudden onset and a short, severe course, or a marked exacerbation of symptoms associated with a more persistent, recurring disorder.

**Access to Service: ESP (Emergency Service Program) evaluation required**

PROVIDER	CITY/TOWN	PHONE NUMBER	COMMENTS
Anna Jaques Hospital	Newburyport	(978) 463-1068	
BayRidge Hospital	Lynn	(781) 599-9200	
Beverly Hospital	Beverly	(978) 922-3000	
Holy Family Hospital	Methuen	(978) 688-0773	
Melrose-Wakefield Hospital	Melrose	(781) 979-3000	
North Shore Medical Center	Salem	(978) 741-1215	
CHA Everett Hospital (Formerly Whidden Memorial Hospital)	Everett	(617) 389-6270	

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.



## STRUCTURED OUTPATIENT ADDICTION PROGRAM (SOAP)

Structured Outpatient Addiction Programs (SOAPs) are clinically intensive, structured, day and/or evening substance use disorder services. These programs can be used as a transition service in the continuum of care for those individuals being discharged from community-based Acute Treatment Services (ATS) for Substance Use, or can be used by individuals, including pregnant women who need outpatient services, but who also need more structured treatment for substance use disorders.

SOAP provides multidisciplinary treatment to address the sub-acute needs of individuals with addition and/or co-occurring disorders, while allowing them to maintain employment and participation in the community. Unless contraindicated, the family, guardian and/or natural supports are actively involved in the treatment.

**Access to Service:** Direct referral - does not need to be evaluated by an ESP (Emergency Service Program)

### Adult:

PROVIDER	CITY/TOWN	PHONE NUMBER	COMMENTS
Discover Program/Addison Gilbert Hospital	Gloucester	(978) 283-4001	Ages 18+
Holy Family Hospital at Merrimack Valley (Steward Health Care Systems, Inc.)	Haverhill	(978) 420-1156	Ages 18+
Lahey/Northeast Behavioral Health	Beverly Lawrence	(978) 921-1190 (978) 683-3128	Ages 18+
Oxford Intensive Outpatient Recovery Program	Lynn	(781) 268-1133	Ages 18+
South Bay Mental Health	Lowell	(978) 674-5400	Ages 18+

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

**ENHANCED STRUCTURED OUTPATIENT ADDICTION PROGRAM FOR HOMELESS MEMBERS  
(Enhanced SOAP)**

Enhanced SOAP (Structured Outpatient Addiction Program) is a specialized program designed for homeless Members who need shelter as well as substance use disorder services. The program is short-term, clinically intensive, structured day and/or evening. These programs can be used as a transition service in the continuum of care for those individuals being discharged from community-based Acute Treatment Services (ATS) for Substance Use Disorders, or can be used by individuals, including pregnant women who need outpatient services, but who also need more structured treatment for substance use disorders. The Enhanced SOAP ensures the availability of shelter beds for those enrolled in the program, either on-site, or through formal affiliation with a local shelter.

The Enhanced SOAP provides multidisciplinary treatment to address the sub-acute needs of individuals with addiction and/or co-occurring disorders, while allowing them to maintain participation in the community, continue to work, and be part of family life. Unless contraindicated, the family, guardian and/or natural supports are actively involved in the treatment.

Enhanced SOAP services can only be provided in DPH-licensed, freestanding facilities skilled in addiction recovery treatment, outpatient departments in acute-care hospitals, or outpatient agencies of health care professionals.

**Access to Service:** Enhanced SOAP services can be accessed directly or as a step-down from a higher level of substance use disorder care. A majority of Members are expected to access Enhanced SOAP as part of a discharge plan from Acute Treatment Services (ATS) or Enhanced ATS.

**Adult:**

PROVIDERS	CITY/TOWN	PHONE NUMBER	COMMENTS
Lowell House	Lowell	(978) 459-8656	Ages 18+
NFI Massachusetts, Inc.	Haverhill	(978) 491-1350	Ages 18+

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

## ENHANCED STRUCTURED OUTPATIENT ADDICTION PROGRAM FOR ADOLESCENTS (Enhanced SOAP)

Enhanced SOAP (Structured Outpatient Addiction Program) is a specialized program designed for adolescents with addiction and/or co-occurring disorders. The program is short-term, clinically intensive, structured day and/or evening. These programs can be used as a transition service in the continuum of care for those adolescents being discharged from community-based Acute Treatment Services (ATS) for Substance Use Disorders, or can be used by Members, including pregnant adolescents who need outpatient services, but who also need more structured treatment for substance use disorders.

Enhanced SOAPS provide multidisciplinary treatment to address the sub-acute needs of adolescent Members with addiction and/or co-occurring disorders, while allowing them to maintain participation in the community, continue to work or attend school and be part of family life. Unless contraindicated, the family, guardian and/or natural supports are actively involved in the treatment.

**Access to Service:** Enhanced SOAP services can be accessed directly or as a step-down from a higher level of substance use disorder care. A majority of Members are expected to access Enhanced SOAP as part of a discharge plan from Acute Treatment Services (ATS) or Enhanced ATS.

### Adolescent:

PROVIDER	CITY/TOWN	PHONE NUMBER	CONTACTS
NFI Massachusetts, Inc.	Haverhill	(978) 491-1350	Ages 13-17

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

## ACUTE TREATMENT SERVICE FOR SUBSTANCE USE DISORDERS (ATS)

Acute Treatment Service for Substance Use Disorders (ATS) (Level IIIA Detoxification) is a 24-hour, seven-day-a-week, medically supervised addiction treatment that provides evaluation and withdrawal management. Detoxification services are delivered by nursing and counseling staff under a physician-approved protocol and physician-monitored procedures and include: bio-psychosocial assessment; individual and group counseling; psychoeducational groups; and discharge planning.

Acute Treatment Services are provided to those experiencing, or at significant risk of developing an uncomplicated withdrawal syndrome as a result of an alcohol and/or other substance use disorder. Members receiving ATS do not require the medical and clinical intensity of a hospital-based detoxification service, nor can they be effectively treated in a less intensive outpatient level of care.

**Access to Service:** Direct referral - does not need to be evaluated by an ESP (Emergency Service Program)

**Adult:**

PROVIDER	CITY/TOWN	PHONE NUMBER	COMMENTS
Lahey/Northeast Behavioral Health	Danvers Tewksbury Treatment Center	(978) 777-2121 (978) 259-7021	Ages 18+

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

## ACUTE TREATMENT SERVICES (ATS) FOR PREGNANT WOMEN

Acute Treatment Services (ATS) for Pregnant Women are ATS services for the population of pregnant women who are addicted to alcohol and/or drugs. In addition to standard Acute Treatment Services (ATS) for substance use disorder detoxification services, ATS programs for pregnant women will have the capacity to treat Members who are currently receiving methadone or other opioid replacement treatments. The facility will have specialized detoxification protocols for pregnant women, as well as medical protocols for prenatal examination and care, labor and delivery, and postpartum care. Fetal monitoring equipment is on site, and the facility arranges all necessary medical and obstetric consultations within 48 hour of admission. A minimum of one individual session per day provides education and counseling on prenatal and postpartum care, HIV/AIDS, and other health related issues.

**Access to Service:** Direct referral - does not need to be evaluated by an ESP (Emergency Service Program)

**Adult:**

PROVIDER	CITY/TOWN	PHONE NUMBER	COMMENTS
Spectrum	Westboro*	(800) 366-7732 (508) 898-1570	
SSTAR	Fall River*	(800) 937-3610 (508) 324-7763	

***\*not in Northeast region***

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

### CLINICAL STABILIZATION SERVICES FOR SUBSTANCE USE DISORDERS (CSS) LEVEL III.5

Clinical Stabilization Services for Substance Use Disorders (CSS), Level III.5, shall mean 24-hour treatment, usually following Acute Treatment Services (ATS) for Substance Use Disorders. This service includes intensive education and counseling regarding the nature of addiction and its consequences, relapse prevention, outreach to families and significant others, and aftercare planning for individuals beginning to engage in recovery from addiction.

These programs provide multidisciplinary treatment interventions and emphasize individual, group, family, and other forms of therapy. Linkage to aftercare, relapse prevention services, and self-help groups, such as AA and NA, are integrated into treatment and discharge planning.

Unless contraindicated, the family, guardian, and/or natural supports are actively involved in the treatment as required by the treatment plan, or there are active efforts being made, and documented, to involve them.

This service is not intended as a step-down service from a psychiatric hospitalization level of care or psychiatric stabilization service. It is intended for Members with a primary substance use disorder.

**Access to Service:** Direct referral - does not need to be evaluated by an ESP (Emergency Service Program)

#### Adult:

PROVIDER	CITY/TOWN	PHONE NUMBER	COMMENTS
Casa Esperanza, Inc.	Tewksbury	(857) 293-2005	Ages 18+
Lahey/Northeast Behavioral Health	Danvers	(978) 777-2121	Ages 18+

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

**METHADONE TREATMENT**

Methadone Treatment is the medically monitored administration of methadone to opiate addicted individuals, in conformance with FDA regulations. This service combines medical and pharmacological interventions with counseling, educational, and vocational services and is offered on a short-term (detoxification) and long-term (maintenance) basis.

The goals of treatment include eliminating opiate use, eliminating injection drug use, reducing or eliminating alcohol or other drug use, improving health status, and improving the Member’s level of functioning.

**Access to Service:** Direct referral - does not need to be evaluated by an ESP (Emergency Service Program)

**Adult:**

PROVIDER	CITY/TOWN	PHONE NUMBER	COMMENTS
CSAC/Community Health Care, Inc.	Peabody	(978) 535-9190	
Habit Opco Management	Lowell Lawrence Lynn	(978) 452-5155 (978) 687-6300 (781) 595-2413	
Lahey/Northeast Behavioral Services (Gloucester Clinic)	Gloucester	(978) 283-0296	
Lahey/Northeast Behavioral Services/Danvers Treatment Center	Danvers	(978) 777-2121	
Spectrum Health Systems	Haverhill, Saugus	(800) 464-9555, Ext. 1161	

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

## LEVEL IV MEDICALLY MANAGED DETOXIFICATION

Level IV detoxification services provide a planned program of 24-hour medically managed evaluation, care, and treatment for Members who are experiencing a severe withdrawal syndrome and/or acute biomedical complications as a result of a substance use disorder. Level IV services are typically rendered in a hospital facility that can provide life support in addition to 24-hour physician and nursing care. Daily individual physician contact is a required component of this level of care. A multidisciplinary staff of clinicians trained in mental health and addiction treatment and overall management of medical care are involved in the Member's treatment and facilitate the conjoint treatment of coexisting biomedical and behavioral health conditions.

**Access to Service: ESP (Emergency Service Program) evaluation required**

**Adult:**

PROVIDER	CITY/TOWN	PHONE NUMBER	COMMENTS
Adcare Hospital	Worcester*	(800) 252-6465 (508) 799-9000	
Faulkner Hospital	Jamaica Plain*	(617) 983-7711 (617) 983-7712	

***\*not in Northeast region***

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.



## ACUPUNCTURE DETOXIFICATION

Acupuncture Detoxification is the provision of medically necessary services in a clinical setting, under the direction of a physician, to stabilize the medical condition of a Member experiencing a serious episode of excessive substance use or withdrawal complications. Acupuncture detoxification is indicated when the Member experiences physiological dysfunction during withdrawal but life or significant bodily functions are not threatened. The Member may or may not require medication, and 24-hour nursing is not required. Acupuncture detoxification services can be provided in an intensive outpatient program. The severity of the Member's symptoms will determine the setting, as well as the amount of nursing and physician supervision necessary during the course of treatment.

**Access to Service:** Direct referral – does not need to be evaluated by an ESP (Emergency Service Program)

**Adult:**

PROVIDER	CITY/TOWN	PHONE NUMBER	COMMENTS
Boston Public Health Commission	Boston*	(617) 534-9500	
Fenway Community Health Center	Boston*	(617) 927-6202	

***\*not in Northeast region***

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

## ENHANCED ACUTE TREATMENT SERVICES (E-ATS) FOR INDIVIDUALS WITH CO-OCCURRING ADDICTION AND MENTAL HEALTH DISORDERS

Enhanced Acute Treatment Services (E-ATS) for Members with co-occurring disorders provides diversionary and/or step-down opportunities for Members requiring substance detoxification services through a planned program of 24-hour, medically monitored evaluation, care, and treatment and whose co-occurring mental health disorder requires a 24-hour, medically monitored evaluation, care, and treatment program, including the prescribing and dosing of medications typically used for the treatment of mental health disorders.

E-ATS services for individuals with co-occurring addiction and mental health disorders are typically rendered in a licensed acute care or community-based setting (e.g., licensed, free-standing or hospital-based programs, or a licensed detoxification program) with 24-hour physician and psychiatrist consultation availability, 24-hour nursing care and observation, counseling staff trained in addiction and mental health treatment, and overall monitoring of medical care. Services are typically provided under a defined set of physician-approved policies, procedures, or clinical protocols.

**Access to Service:** Direct referral - does not need to be evaluated by an ESP (Emergency Service Program)

### Adult:

PROVIDER	CITY/TOWN	PHONE NUMBER	COMMENTS
Baycove	Stoughton*	(781) 232-5500	
Behavioral Health Network	Springfield*	(413) 733-1431	
Community Healthlink	Worcester*	(508) 860-1260	
High Point Treatment Center	Plymouth*	(774) 628-7015	
McGee Recovery Unit/ Berkshire Medical Center	Pittsfield*	(413) 443-4761	
Providence Hospital	Holyoke*	(413) 536-5111	
SSTAR	Fall River*	(508) 679-5222	

**\*not in Northeast region**

### Adolescents:

PROVIDER	CITY/TOWN	PHONE NUMBER	COMMENTS
Community Healthlink	Worcester*	(508) 860-1244	Motivating Youth Recovery Program Admission Staff Ages 13 - 17
Highpoint	Brockton*	(508) 638-6000	Castle Program Ages 16-20

**\*not in Northeast region**

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.

## COMMUNITY SUPPORT SERVICES FOR SUBSTANCE USE DISORDERS FOR ADOLESCENTS (CSSSA)

Community Support Services for Substance Use Disorders for Adolescents (CSSSA) are programs designed for adolescents and provide a programmatic, therapeutic, 24-hour living situation with moderate levels of supervision, structure, restriction, intensity of treatment services, and continuity of care after Acute Treatment Services (ATS) for Substance Use detoxification has been completed. These programs provide moderate intensity and multidisciplinary treatment interventions. Although the emphasis is on group therapy and educational sessions, Members also receive individual, family, occupational and other forms of therapy. Linkage to aftercare, relapse components, and self-help groups, such as Alcoholics Anonymous (AA), are also included in the treatment and discharge plan.

**Access to Service:** Direct referral - does not need to be evaluated by an ESP (Emergency Service Program)

PROVIDER	CITY/TOWN	PHONE NUMBER	COMMENTS
Gosnold Thorne Counseling Center	Centerville* Falmouth*	(508) 862-9929 (508) 540-6550, Ext. 201	

***\*not in Northeast region***

Please review the provider manual for a complete description of the level of care, or contact your regional office for further clarification or questions.