

October 2018
Elementary School Lunch Menu

October 1, 2018	October 8, 2018	October 15, 2018	October 22, 2018	October 29, 2018
Daily Sandwiches	Daily Sandwiches	Daily Sandwiches	Daily Sandwiches	Daily Sandwiches
Cheese Pizza Tuna Roll Bagel/Yogurt, Cream Cheese	Kayem Light Frankfurter Chicken Patty Roll Bagel/Yogurt, Cream Cheese	Sun Butter Sandwich Stuffed Crust Pizza Bagel, Yogurt, Cream Cheese	Turkey, Lettuce & Tomato Cheeseburger Bagel/Yogurt, Cream Cheese	Cheese Pizza Tuna Roll Bagel/Yogurt, Cream Cheese
MONDAY	MONDAY	MONDAY	MONDAY	MONDAY
French Toast & Sausage Roasted Tomatoes Baby Carrots w/ Hummus Fresh Apple	Columbus Day No Lunches Served	Grilled Cheese & Tomato Soup Roasted Potato Wedges Carrot & Red Pepper w/ Hummus Pineapple	Meatball Sub Sweet Potato Fries Marinated Black Bean Salad Peaches	French Toast & Sausage Roasted Tomatoes Baby Carrots w/ Hummus Fresh Apple
TUESDAY	TUESDAY	TUESDAY	TUESDAY	TUESDAY
Mozzarella Sticks w/ Dipping Sauce Mixed Italian Vegetables Red, Pepper, Cucumber, Celery Fresh Fruit	Chicken Tenders Roasted Green Beans Sweet Potato Fries Cucumber & Celery Sticks Melon Slices	Popcorn Chicken Oven Fries Corn Assorted Fresh Fruit Assorted Canned Fruit	Hotdog on a Bun Potato Wedges Caesar Side Salad Assorted Fresh Fruit Assorted Canned Fruit	Chicken Nuggets Three Bean Salad Roasted Sweet Potatoes Assorted Canned Fruit Assorted Fresh Fruit
WEDNESDAY	WEDNESDAY	WEDNESDAY	WEDNESDAY	WEDNESDAY
Chicken Patty on Roll Fresh Broccoli Cape Cod Chips Carrot & Celery Sticks Red Grapes	Beef Tacos Salsa, Lettuce, Tomato Fiesta Corn & Black Bean Salad Mixed Fruit Cups	Beef Tacos Salsa, Lettuce, Tomato Fiesta Corn & Black Bean Salad Mixed Fruit Cups	Buffalo Chicken Tenders Three Bean Salad Roasted Sweet Potatoes Assorted Canned Fruit Assorted Fresh Fruit	Chicken Patty on Roll Fresh Broccoli Cape Cod Chips Carrot & Celery Sticks Red Grapes
THURSDAY	THURSDAY	THURSDAY	THURSDAY	THURSDAY
Teriyaki Chicken Rice Bowl Brown Rice Caesar Salad w/ Garbanzo Beans Sugar Snap Peas Pear	Chicken Parm Calzone Baked Seasoned Fries Garden Salad Assorted Fresh Fruit Assorted Canned Fruit	Fruit & Yogurt Parfait Soft Baked Pretzel Carrots & Grape Tomatoes Hummus Peaches	Loaded Nachos Seasoned Beef, Cheese Lettuce, Tomato, Salsa Fiesta Corn & Black Bean Salad Assorted Fresh & Canned Fruit	Mozzarella Sticks w/ Dipping Sauce Mixed Italian Vegetables Red, Pepper, Cucumber, Celery Fresh Fruit
FRIDAY	FRIDAY	FRIDAY	FRIDAY	FRIDAY
Pizza Carrot Coin & Cucumber Wheels Garden Salad Green Beans Orange Smiles	Pizza Caesar Salad w/ Garbanzo Beans Vegetable Sticks Applesauce Fresh Fruit	Pizza Carrot Coin & Cucumber Wheels Garden Salad Green Beans Orange Smiles	Pizza Green Beans Spinach Salad w/ Grape Tomatoes Red Ripe Grapes Assorted Canned Fruit	Pizza Carrot Coin & Cucumber Wheels Garden Salad Green Beans Orange Smiles

Lunch Prices \$3.00 and Milk \$0.75

Sandwich Menu Includes: Fruit, Milk & Vegetable

Milk, Fresh Fruit and Vegetables served daily

Menu Subject to Change