

January 2019
Holten Richmond School Lunch Menu

December 31, 2018	January 7, 2019	January 14, 2019	January 21, 2019	January 28, 2019
MONDAY School Vacation	MONDAY Chicken Parm w/ Wheat Pasta Caesar Salad Peas Carrot & Cucumber Sticks Assorted Fresh Fruit Assorted Canned Fruit	MONDAY Chili Con Carne Corn Bread & Beans Carrot & Red Pepper Sticks Hummus Assorted Fresh Fruit Assorted Canned Fruit	MONDAY Martin Luther King No School	MONDAY Hamburger or Cheeseburger Lettuce & Tomato Roasted Carrot Fries Carrot & Cucumber Sticks Assorted Fresh Fruit Assorted Canned Fruit
TUESDAY New Years Day	TUESDAY Beef or Chicken Burrito Three Bean Salad Cinnamon Roasted Sweet Potatoes Carrot & Cucumber Sticks Assorted Fresh Fruit Assorted Canned Fruit	TUESDAY Chicken Caesar Wrap Roasted Cauliflower Lemon Zest Broccoli Carrot & Cucumber Sticks Assorted Fresh Fruit Assorted Canned Fruit	TUESDAY Pasta with Meatballs Steamed Broccoli Kale & Romaine Salad Carrot & Cucumber Sticks Assorted Fresh Fruit Assorted Canned Fruit	TUESDAY Open Faced Thanksgiving Sandwich Sauteed Greens Carrot & Cucumber Sticks Assorted Fresh Fruit Assorted Canned Fruit
WEDNESDAY Caprese Sandwich Chipotle Corn Broccoli Slaw Assorted Fresh Fruit Assorted Canned Fruit	WEDNESDAY Hamburger or Cheeseburger Lettuce & Tomato Roasted Carrot Fries Carrot & Cucumber Sticks Assorted Fresh & Canned Fruit	WEDNESDAY Meatball Marinara Sub Roasted Potato Puffs Tasty Green Bean Toss Carrot & Cucumber Sticks Assorted Fresh & Canned Fruit	WEDNESDAY BBQ Chicken Fiesta Corn & Black Bean Salad Carrot & Cucumber Sticks Assorted Fresh Fruit Assorted Canned Fruit	WEDNESDAY Caprese Sandwich Chipotle Corn Broccoli Slaw Assorted Fresh Fruit Assorted Canned Fruit
THURSDAY Chicken Fajita w/ Brown Rice Onions & Peppers Shredded Romaine & Salsa Black Bean & Corn Salad Carrot & Cucumber Sticks Assorted Fresh & Canned Fruit	THURSDAY Garlic Chicken & Wheat Pasta Assorted Veggie Sticks w/Hummus Tossed Salad Pudding Assorted Fresh Fruit Assorted Canned Fruit	THURSDAY Pulled Pork w/Black Beans & Salsa Brown Rice Spinach Salad Assorted Fresh Fruit Assorted Canned Fruit	THURSDAY Chicken Stir Fry w/ Noodles Sugar Snap Peas Hummus Carrot & Red Pepper Strips Carrot & Cucumber Sticks Assorted Fresh & Canned Fruit	THURSDAY Chicken Fajita w/ Brown Rice Onions & Peppers Shredded Romaine & Salsa Black Bean & Corn Salad Carrot & Cucumber Sticks Assorted Fresh & Canned Fruit
FRIDAY Steak & Cheese Sub Spinach Salad Carrot & Cucumber Sticks Ranch Dressing Pudding Assorted Fresh & Canned Fruit	FRIDAY Baked Lasagna Garden Salad Carrot & Cucumber Sticks Ranch Dressing Pudding Assorted Fresh & Canned Fruit	FRIDAY Southwest Buffalo Chicken Wrap Veggie Cruncher Sweet Potato Fries Assorted Fresh Fruit Assorted Canned Fruit	FRIDAY Baked Fish with Lemon Brown Rice Pilaf Dinner Roll Cole Slaw Assorted Fresh Fruit Assorted Canned Fruit	FRIDAY Steak & Cheese Sub Spinach Salad Carrot & Cucumber Sticks Ranch Dressing Pudding Assorted Fresh & Canned Fruit

Lunch Prices \$3.00 and Milk \$0.75

Sandwich Menu Includes: Fruit, Vegetable & milk

Alternate Lunch Daily: Salad Bar-Hamburger-Hotdogs-Pizza-Calzones-Chicken Patty-Deli Sandwiches

Milk, Fresh Fruit & Vegetable served daily

Menu Subject to Change

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