

Virtual Community Resources

May 2020

Dear HRMS Students,

We know that activities, school, and ways to connect with one another are very different right now. We are providing you with this list of resources so that you can connect with others or participate in activities *virtually*. Our hope is that you will find some way to stay connected to your community and activities you enjoy.

Sincerely, Mrs. Purcell, Mrs. Weeks and Mrs. dos Santos

Danvers YMCA

<https://www.danversymca.org/>

The Danvers Y is offering online courses and virtual lessons for community members.

HRMS Library

Classroom code is: lz5yw4i

Mrs. Woo has posted a variety of activities for HRMS students.

Peabody Institute Library, Danvers, MA

<https://www.danverslibrary.org/>

Free resources for access to books, magazines and movies through the library.

Danvers Recreation, Danvers, MA

<https://www.facebook.com/danversrecreation/>

Check out the activities happening with Danvers Recreation.

Peabody Essex Museum, Salem, MA

<https://www.pem.org/get-creative-at-home>

The museum is offering art activities that you can do from home.

NAGLY, Salem, MA

<https://www.nagly.org>

Online resources for LGBTQ+ youth.

Museum of Science, Boston, MA

<https://www.mos.org/mos-at-home>

The museum has a daily livestream of science activities.

New England Aquarium

<https://www.neaq.org/visit/at-home-events-and-activities/>

Virtual Visit and Animal Presentations.

New England Revolution Soccer

<https://www.revolutionsoccer.net/covid-19/home-with-the-pros>

Players from the team conduct free online training videos.

Boston Red Sox

<https://www.mlb.com/redsox/fans/home-fun>

A free website with games, puzzles, recipes, exercises for all ages.

Boston Celtics

<https://www.nba.com/celtics/jrceltics/at-home>

Basketball drills to do at home.

USS Constitution Museum, Charlestown, MA

<https://asailorslifeforme.org/>

A free online tour/game where you are a sailor aboard the USS Constitution.

Talk about Real Things for Teens

<https://wellbeingtherapycenter.com/our-services-2/therapy-for-teens/talkaboutrealthings/>

<https://www.instagram.com/talk.about.real.things/?hl=en>

Free nightly sessions to discuss things that are going on with teens.

Interested in Robotics???

<https://www.massrobotics.org/project/robotstories/>

Listen to free interviews with inventors and founders of robotic companies in Massachusetts.

Online Guide to Virtual Activities in the Boston Area

<https://www.bostoncentral.com/events/virtual.php>

Yoga with Adriene

<https://youtu.be/Td6zFtZPkJ4>

Yoga For The Classroom is for all ages, all types and all moods. This fun 10-min standing yoga sequence is great for the classroom, inviting you to be in the moment as you move and breathe. Take 10 to Find What Feels Good! Refresh your body and mind so that you can focus and do your best! No yoga mat required!

Improv Jr. with A Broadway Kids Company

<http://www.abroadwaykidscompany.com/>

Fun games and group activities! Drop-in or sign up for all classes!

Zoom Art with Lydia

https://www.facebook.com/pg/capeannarthaven/posts/?ref=page_internal

A fun way for kids to bring some creativity and connection into their day. Lydia has been making our exciting craft tutorials and is now live on Zoom 3x a week. The classes are relaxed and fun! Email traci@arthaven.org to join, drop ins welcome... free!