

“Parenting during a pandemic is easy!”

Said no parent ever.

THE PANDEMIC PARENT WORKSHOP

ABOUT THE WORKSHOP

Join Emily Cherkin and Rhonda Moskowitz, two parenting experts, in a supportive, judgment-free space to learn new skills to get us through these unprecedented times.

Each 75 minute long session is based on one of the *Five Ingredients for a Flexible Family* and includes tangible takeaways you can immediately put into action.

Sessions are conducted via Zoom. Recordings of each session and helpful handouts will be shared with the registered participants after each session. (So don't worry if you can't make all the sessions!)

DAYTIME

TUESDAYS x 5

APRIL 13, 20, 27, MAY 4, 11

TIME: 12:00PM – 1:15PM

or

EVENING

THURSDAYS x 5

APRIL 15, 22, 29, MAY 6, 13

TIME: 8:00PM – 9:15PM

\$250 for all 5 sessions!

REGISTER TODAY

allaracare.com/pandemic-parent

Space is limited!



Emily Cherkin
The ScreenTime Consultant



Rhonda Moskowitz, M.A.
PCI-Certified Parent Coach*

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